Marzo/March 1, 2024

EDICIÓN NO. 900

The BILINGUAL Newspaper of the Merrimack Valley



Irish Heritage Month March 2024 Lawrence, Massachusetts Preserving and Fostering our Heritage and Culture

**Pg. 3** 

# Lawrence está de luto / Lawrence is in Mourning



The Lawrence Police Department and cars are in mourning draped in black, after Sgt. Charles Saindon lost his life after a brief illness.

**Funeral Arrangements** 

It is with great sadness that we mourn the loss of Sgt. Charles Saindon, a 21-year veteran of the Lawrence Police Department. Sgt. Saindon's dedication to his job and the community was unmatched, and he will be sorely missed by all who knew him.

Rest in Peace,

Brian A. DePeña, Mayor

Con gran tristeza lamentamos la pérdida del sargento Charles Saindon, un veterano de 21 años del Departamento de Policía de Lawrence. La dedicación del Sargento Saindon a su trabajo y a la comunidad fue incomparable, y todos los que lo conocimos lo extrañaremos profundamente.

Descanse en paz,

Brian A. De Peña, Alcalde

Relatives and friends are cordially invited to call on Wednesday, March 6 from 3:00 to 7:00 p.m. in Saint Patrick Church, 118 South Broadway, Lawrence, MA.

His funeral Mass will be celebrated on Thursday, March 7 at 11:00 a.m. in Saint Patrick Church, 118 South Broadway, Lawrence, MA.

His family is requesting that loved ones gather at Saint Patrick Church at 11:00 a.m. on Thursday.

**IMPORTANT TRAFFIC NOTE:** Please drive to Saint Patrick Church from Salem Street, avoiding South Broadway.

Familiares y amigos están cordialmente invitados a llamar el miércoles 6 de marzo de 3:00 a 7:00 p.m. en la Iglesia de San Patricio, 118 South Broadway, Lawrence, MA.

Su misa funeral se celebrará el jueves 7 de marzo a las 11:00 a.m. en la iglesia de Saint Patrick, 118 South Broadway, Lawrence, MA.

Su familia solicita que sus seres queridos se reúnan en la iglesia de San Patricio a las 11:00 a.m. del jueves.

NOTA IMPORTANTE DE TRÁFICO: Conduzca hasta la iglesia de Saint Patrick desde Salem Street, evitando South Broadway.

# Flag-raising of the Irish flag in front of Lawrence City Hall



Anne-Marie Nyhan-Donerty, the president of the Ladies Ancient Order of the Hibernians, and William Sullivan, president of Division 8 Ancient Order of Hibernians listen to Mayor Brian DePeña welcoming the month-long celebrations.

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"Congratulations to the Irish community on this momentous day. The raising of their flag in our community is a shining example of the diversity that exists in our beautiful City of Lawrence.," said Mayor Brian A. DePeña. Felicitaciones a la comunidad Irlandesa en este día trascendental. El izamiento de su bandera en nuestra comunidad es un ejemplo brillante de la diversidad que existe en nuestra hermosa Ciudad de Lawrence.

## Manejo de Dádivas por el Dept. de Desarrollo Económico

Community Development Dept's Handling of Grants Pg. 5









# Flag-raising of the Irish flag in front of Lawrence City Hall





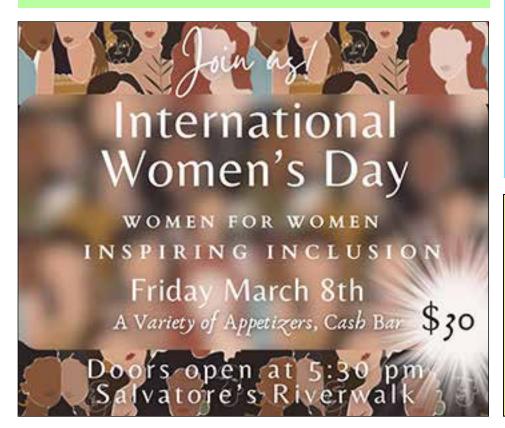




'¿Qué dulzura queda en la vida, si le quitas la amistad? Robar la vida a la amistad es como robarle al mundo el sol. Un verdadero amigo es más digno de estima que un pariente".

"What sweetness is left in life, if you take away friendship? Robbing life of friendship is like robbing the world of the sun. A true friend is more to be esteemed than kinsfolk."

**CICERO** 



# Irish American Heritage Month and St. Patrick's Day: March 2024

The U.S. Congress designated March as Irish American Heritage Month in 1991 and the president issues a proclamation commemorating the occasion each year.

Originally a religious holiday to honor St. Patrick who introduced Christianity to Ireland in the 5th century, St. Patrick's Day has evolved into a celebration of all things Irish. The world's first St. Patrick's Day parade occurred on March 17, 1762, in New York City, featuring Irish soldiers who served in the English military.

This parade became an annual event, with President Truman attending in 1948. The following facts are made possible by the invaluable responses to U.S. Census Bureau surveys. We appreciate the public's cooperation as we continuously measure America's people, places and economy.

Did You Know?

**30.7 million or 9.2%** 

The number and percentage of U.S. residents who claimed Irish ancestry in 2022.

Source: 2022 American Community Survey 1-year estimates.

## 112,251

The number of foreign-born U.S. residents who reported Ireland as their birthplace in 2022.

Source: 2022 American Community Survey 1-year estimates.

### 418,997

The number of people living in Cook County, Illinois — the nation's county with the largest Irish American population who claimed Irish ancestry in 2022.

Source: 2022 American Community Survey 1-year estimates.

"Resolvamos ser dueños, no víctimas, de nuestra historia, controlando nuestro propio destino sin dar paso a sospechas y emociones ciegas".

"Let us resolve to be masters, not the victims, of our history, controlling our own destiny without giving way to blind suspicions and emotions."

— John F. Kennedy

## Rumbo

The BILINGUAL Newspaper of the Merrimack Valley

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## Rev. James T. O'Reilly OSA Division Eight **Ancient Order of Hibernians** Lawrence, Massachusetts

"153 Years of Dedication to Religion, Heritage, Charity and Community"

## Irish Heritage Month March 2024 Lawrence, Massachusetts Preserving and Fostering our Heritage and Culture

Friday, March 1, 2024 - IRISH FLAG RAISING Across from City Hall - Common St. @11 a.m.

Saturday, March 2, 2024 – 152nd SAINT PATRICK'S DAY BANQUET AND DANCE at the Lawrence Lodge of Elks, 652 Andover Street, Lawrence, MA. Traditional Corned Beef & Cabbage Dinner featuring a New Caterer (Simply Elegant Catering) with dancing to the Silver Spears Irish Show Band from 6 pm – 11 pm – Awarding of the Richard Cardinal Cushing and Irishman & Irishwoman of the Year Awards. For more information contact Charles Breen at 508 328 0323. Sponsored by Division 8 AOH – Handicap Accessible

Sunday, March 3, 2024 - OPENING of the EXHIBIT "1916: A Year that Changed Irish History" – at Lawrence Heritage State Park Visitors Center, 1 Jackson St, Lawrence, MA. Sponsored by Division 8 AOH (FREE) - Handicap Accessible

Sunday, March 3, 2024 - WHITE FUND LECTURE - Maine Author, JOHN CASHMAN. Mr. Cashman will discuss his historical novel, "THE SURVIVOR AN IRISHMAN'S STORY" at Lawrence Heritage State Park Visitors Center, 1 Jackson St, Lawrence, MA @ 2 pm. Sponsored by Division 8 AOH (FREE) – Handicap Accessible

Sunday, March 10 ,2024 - WHITE FUND LECTURE - with Author, JAMES P. GREGORY JR - Mr. Gregory will discuss his book, "UNRAVELING the MYTH of SGT. ALVIN YORK: THE OTHER SIXTEEN" - Noted prominently in this book Lawrence native, Patrick Donohue - at Lawrence Heritage State Park Visitors Center, 1 Jackson St., Lawrence, MA @ 2 pm. (FREE) - Handicap Accessible

Wednesday, March 13, 2024 - AOH NATIONAL HUNGER MONTH FOOD DRIVE: Please consider donating canned goods and non-perishable food items. All food items received will be donated to a local food pantry. TIME: 6 pm - 7:00 pm at the Lawrence Lodge of Elks, 652 Andover Street, Lawrence MA. Sponsored by Division 8 AOH – **Handicap Accessible** 

Friday, March 15, 2024 - 54th ANNUAL SAINT PATRICK'S DAY LUNCHEON at the Lawrence Lodge of Elks, 652 Andover Street, Lawrence, MA Traditional Corned Beef and Cabbage Dinner featuring a New Caterer (Simply Elegant Catering) with entertainment by the Silver Spears Irish Show Band at NOON. Awarding of the Honorable John E. Fenton Citizenship Award - For more information contact Jack Lahey @ 603 560 8192. Sponsored by Division 8 AOH – Handicap Accessible

Saturday, March 16, 2024 - IRISH FILM FESTIVAL at Lawrence Heritage State Park Visitors Center, 1 Jackson St, Lawrence @ 10 am. Sponsored by Division 8 AOH (FREE) Handicap Accessible

Saturday, March 16, 2024 - SAINT PATRICK'S DAY CELEBRATION at Saint Patick Parish Center, David Burke Way, Lawrence, MA @ 5 pm. For tickets and more information please call 978 683 – 9416 - Handicap Accessible

Sunday, March 17, 2024 – HAPPY SAINT PATRICK'S DAY! – Enjoy this grand day with family and friends listening to Irish Music, stories, and laughter at home with family and friends or at your favorite restaurant!

Sunday, March 24, 2024 - JOIN PIANIST TERRI KELLEY AND VOCALIST BILL DONELAN FOR AN ALL-NEW PROGRAM OF CELTIC MELODIES - FROM ANCIENT GAELIC AIRES TO CURRENT SONGS - at the Lawrence Public Library, Sargent Auditorium, 51 Lawrence St., Lawrence, MA @ 2 pm Presented by Division 8 (FREE) - Handicap Accessible

Sunday, March 24, 2024 - EXHIBIT CLOSES "1916: A Year that Changed Irish History" at Lawrence Heritage State Park Visitors Center, 1 Jackson St, Lawrence (FREE) - Handicap Accessible

The Rev. James T. O'Reilly OSA Division Eight AOH was founded on November 5, 1871. The Division yearly hosts numerous social events and activities, and has scholarship opportunities for members, the children, and grandchildren of members on the high school and college level, including a scholarship for study in Ireland. Division 8 meets at the Lawrence Lodge of Elks, 652 Andover Street, Lawrence, MA on the second Wednesday of the month. For information on AOH Membership please write to: Division 8 AOH Organizer, PO Box 1407, Lawrence, MA

IRISH HERITAGE MONTH IS SPONSORED BY THE ANCIENT ORDER OF **HIBERNIANS DIVISION 8** 

Irish Heritage Month 2024 is supported in part by a grant from the Lawrence Cultural Council, a local agency which is supported by the Massachusetts Cultural Council, a state agency.



# Division 8 AOH Lawrence Announces 2024 Award Recipients

The Rev. James T. O'Reilly OSA Lodge of Elks, 652 Andover Street, Division 8 Ancient Order of Hibernians has announced the names of their 2024 Award Recipients.

Cardinal Sean Patrick O'Malley, the Archbishop of the Archdiocese of Boston since 2003, has been selected as the 2024 recipient of the Richard Cardinal Cushing Award, and Brian Farrell, the owner of the Claddagh Pub in Lawrence, has been selected, as Division 8's 2024 Irishman of the Year. Both of these awards will be presented at the 152 and Annual Saint Patrick's Day Banquet and Dance on Saturday evening, March 2, 2024, at the Lawrence Lodge of Elks, 652 Andover Street in Lawrence. Anyone interested in attending this Dinner Dance and award presentations on March 2, should contact Dinner Dance Chairman Charles Breen @508 328 0323.

Dalia Diaz, the Director of the Lawrence based Rumbo Newspaper for the past 28 years, has been selected as the recipient of Division 8's 2024 Hon. John E. Fenton Citizenship Award. The Fenton Award will be presented at Division 8's 54th Annual Saint Patrick's Day Luncheon on Friday, March 15, 2024, at the Lawrence

Lawrence, MA at Noon. Anyone interested in attending this event should contact the Luncheon Chairman Jack Lahey at 603 560

The Richard Cardinal Cushing Award, which is named after the late Catholic Irish prelate who died in November 1970, was first presented in 1974 to the Honorable John F. McCormack of Massachusetts, then Speaker of the House of Representatives in Washington, DC. This award is awarded to an Irish Catholic of high moral character who exemplifies the characteristics of the late Richard Cardinal Cushing. The individual may be a man or woman, who through their life endeavors demonstrates in their daily lives the qualities of what an exemplary Irish Catholic should be.

The Hon. John E. Fenton Citizenship Award was established in 1975 to honor the late Judge John E. Fenton who passed in August 1974. Judge Fenton, who was a member of Division 8, went on to serve two terms as National President of the Ancient Order of Hibernians. This award is awarded to a man, woman, or organization, without regard to their religious, or ethnic background, who has contributed in an outstanding manner to betterment of the Greater Lawrence and Merrimack Valley area. The Honorable John E. Fenton Citizenship Award was first awarded to the late Irving E. Rogers, then publisher and owner of the Lawrence Eagle Triune.

The Irishman of the Year Award, which is the highest award the Division can bestow on a member, was established in 1964 and is presented annually to a member of Division 8 AOH for his outstanding service, dedication, and contributions to Hibernianism and Division.8. The first recipient of this award was the late Patrick Scanlon of Lawrence, Massachusetts.

The Rev. James T. O'Reilly OSA Division Eight AOH in Lawrence, Massachusetts was founded on November 5, 1871, and for the past 153 years has helped preserve Irish culture, history, and traditions in a multifaceted way. The talents of its members have been recognized beyond the borders of the Lawrence area. The Men's Division has produced two National Presidents, and the Ladies Division one. In addition to these three National Presidents, three members have served as National

Directors of the Order.

Several members have gone on to serve in elected and appointed positions on the National, State and County Boards. At the present time, one member serves on the AOH National Board, four on the Massachusetts AOH State Board and three on the AOH Essex County Board.



## POR DALIA DÍAZ daliadiaz@rumbonews.com

# Desde Mi Esquina



# CARTAS AL EDITOR RUMBO 315 Mt. Vernon St. Lawrence MA 01843 Email: Rumbo@rumbonews.com Las cartas deben tener menos de 300 palabras de largo. Favor de incluir un número de teléfono o dirección electrónica para confirmar quién la envía.

## Reunión del LRA

Esta semana, les traigo varios ejemplos de cómo este grupo (y en efecto, la ciudad de Lawrence) está "poniendo la carreta delante del caballo" al tomar decisiones y gastar dinero que se desperdiciará. Oh, no soy contador, pero investigo y entiendo que hay pasos que DEBEN seguirse al planificar cualquier cosa.

El miércoles, 28 de febrero, la Autoridad de Reurbanización de Lawrence celebró su reunión mensual y todavía estoy a oscuras con respecto a algunas de sus discusiones, por lo que no entraré en esos temas hasta que se aclaren en mi mente, además, mi presencia allí fue por otras razones.

James Carras, consultor y profesor de Harvard, presentó la Enmienda al Plan de Renovación Urbana que se discutió durante la reunión del 24 de enero. Él representa el Proyecto Patriot's Hydro Lawrence Hydroelectric y explica las reparaciones que deben realizarse en ciertas áreas del Canal del Norte de Lawrence.

Después de unos minutos de discusión, me sorprendió gratamente cuando el abogado Brian Corrigan argumentó: "No veo por qué deberíamos pagar por ello ya que no somos los propietarios".

Como parte de mi investigación, tuve en mi poder varios títulos de la historia de los canales que estoy dispuesta a compartir con los miembros de la junta si así lo desean. Si el abogado Corrigan está consciente de eso, no necesita que yo se lo dé.

Esa historia afirma que en 1982, el entonces alcalde Lawrence LeFebre vendió "todos sus derechos e intereses a Lawrence Hydroelectric Associates por \$8,000".

Luego, en el 2006, Merrimac Paper Co., Inc. y Aquamac Corporation vendieron por \$1 a Lawrence Hydroelectric Associates "todos y cada uno de los intereses que tuvieran en cualquier planta y otros derechos sobre las aguas del Río Merrimack".

El señor Carras salió de la reunión sin la respuesta que buscaba. Después de todo, a la ciudad le costará casi un millón de dólares hacer las reparaciones que buscaba.

Estoy muy agradecida a Paul Iannuccillo, Registrador de Escrituras del Distrito Norte de Essex, y a Virginia Pérez por su ayuda en la recopilación de esos documentos. Además, Dan McCarthy, que conoce tan bien la historia de Lawrence, ha sido planificador de uso de la tierra durante muchos años y hoy es director interino de planificación de la ciudad.

READ IT IN ENGLISH ON PAGE 16

Cuando terminó la reunión, los miembros de la junta directiva se quedaron para ir a una sesión ejecutiva para discutir un tema de personal. Octavien Spanner, en su calidad de director ejecutivo, envió una carta al abogado Brian Corrigan pidiéndole que renunciara porque no estaba satisfecho con su desempeño.

Corrigan envió una carta a los miembros de la junta y les explicó el motivo de su renuncia. Eso enojó a algunos de los miembros y expresaron sus sentimientos durante la sesión ejecutiva porque es la junta, no el director ejecutivo, quien tiene autoridad para hacer eso.

El resultado fue que la junta le pidió al Atty. Corrigan que se quedara y él estuvo de acuerdo.

Asisto a las reuniones para seguir de cerca el progreso de la construcción del estudio de televisión. Desafortunadamente, esto sigue en la sección de 'asuntos antiguos' de la agenda y no se ha discutido.

Durante la última reunión, el Sr. Spanner ignoró la petición de un miembro de discutir juntos los puntos "c" y "d" y, en cambio, habló de las facturas que debían pagarse. No estoy tratando de ser difícil, pero sé que lo que están haciendo no es legal y, en última instancia, recaerá sobre los hombros del alcalde DePeña.

Han estado gastando mucho dinero en arquitectos que no tienen experiencia en diseñar estudios de televisión. El mes pasado, la junta votó unánimemente a favor de este proyecto, pero no los culpo. No han investigado ni visitado un estudio de televisión real para comprender lo que se necesita. No han visto una presentación de alguien con conocimientos que pueda guiarlos.

Intenté concertar una visita a HC Media en Haverhill y Methuen Community Television para mostrarles sus hermosas y profesionales instalaciones, pero nadie mostró ningún interés. Mientras tanto, las elecciones van y vienen, y los lawrencianos siguen sin ser conscientes de estas importantes cuestiones que podrían ayudarles a tomar mejores decisiones".

"Las grandes mentes discuten ideas; las mentes promedio discuten eventos; las mentes pequeñas discuten sobre personas".

"Great minds discuss ideas; average minds discuss events; small minds discuss people."

Eleanor Roosevelt



## **Construction of the Oliver School**



Esta es una vista de la construcción detrás de la Escuela Oliver, desde la Biblioteca de Lawrence

This is view of the construction behind the Oliver School, from the Lawrence Public Library.





# Manejo de Dádivas por el Dept. de Desarrollo Económico

#### Por Dalia Díaz

Mi curiosidad alcanzó su punto máximo cuando escuché que se había malgastado dinero de la subvención de \$3,1 millones para las personas sin hogar, así que pedí respuestas al Departamento de Desarrollo Comunitario.

Según Awilda Pimentel. Directora de Desarrollo Comunitario, "Los fondos de HOME ARP de 3,1 millones de dólares se han asignado a la Cuenta del Proyecto HOME ARP bajo la supervisión del Departamento de Finanzas. Estos fondos son para un provecto de construcción de viviendas asequibles para familias sin hogar que pronto estará en construcción".

Eso significa que la subvención de 3,1 millones de dólares ni siquiera se ha utilizado; sin embargo, mis hallazgos revelaron que la ciudad ha invertido más de 1 millón de dólares para abordar la falta de vivienda y prevenir los desalojos; esta colosal inversión es la primera vez en la historia de Lawrence. Han implementado un plan en toda la ciudad para abordar la falta de vivienda, la salud mental y el abuso de sustancias.

A la pregunta de cuánto dinero se destinó a la asistencia para el alquiler y cuántos residentes recibieron ayuda, la respuesta no fue tan fácil. Además, cada residente no tiene el mismo monto de alquiler por familia porque los alquileres varían según el tamaño de la unidad, el área,

La Sra. Pimentel continuó: "Normalmente ayudamos al individuo o a la familia durante 3 meses, a menos que existan circunstancias atenuantes, luego podemos extender la asistencia de emergencia para el alquiler a 6 meses. Cada caso es diferente y puede encontrarse en diferentes etapas del proceso de desalojo en el Tribunal de Vivienda de Lawrence".

Al ser consultada sobre el rumor de que

hay nombres repetidos en esa ayuda para el alquiler, aclaró que es cierto. Ha habido casos de enfermedades graves que han dejado a alguien sin trabajo durante mucho tiempo y la familia recibió asistencia por segunda vez.

"El Departamento de Desarrollo Comunitario ayudó a muchas familias de Lawrence a permanecer en sus hogares, evitar el desalojo, realojo rápido y evitar la falta de vivienda", explicó Awilda.

Mi solicitud de ver la lista de nombres fue rechazada. "Desarrollo Comunitario no tiene acuerdos de divulgación ni consentimientos para divulgar información personal de los residentes". Me di cuenta de que podría resultar embarazoso para ellos hacerlo público, pero la señora Pimentel me invitó a mirar la lista para satisfacer mi curiosidad, lo cual encontré innecesario.

No escuchamos mucho sobre cuántos residentes de Lawrence, compradores de vivienda por primera vez, han recibido asistencia de los fondos de \$500,000 asignados o qué tan exitoso ha sido.

Para mi sorpresa, sólo dos el año

pasado: Miguel Berroa recibió \$50,000 y Julissa Santos \$20,000.

Además, el Departamento de Desarrollo Comunitario está abordando la inseguridad alimentaria con las siguientes acciones MHTF y Mass in Motion: \$27,000; Esfuerzos de recuperación de la pandemia: cenas de Acción de Gracias \$3,133; y Lawrence General Hospital-Fondos DON-Tarjetas Market Basket \$30,000.

Para obtener más información, consulte el cuadro de gastos a continuación.

Fisca year	l Program name	Amount Expended	Individuals / Families served
FY23 FY24	Emergency Solutions Grant(ESG) Emergency Solutions Grant(ESG)	\$283,677.23 \$64,212.53	
	Total	\$347,889.76	52 individuals/ families plus hotel stays for 16 individuals / families
FY23 FY24	Emergency Solutions Grant Covid relief(ESGCV) Emergency Solutions Grant Covid relief(ESGCV)	\$128,272.22 \$246,517.39	
	Total	\$374,789.61	Total of 85 individuals/ families assisted
FY22 FY23 FY24	CDBG Short Term Rental Assistance CDBG Short Term Rental Assistance CDBG Short Term Rental Assistance	\$ 9,000.00 \$71,959.75 \$2,040.25	
	Total	\$83,000.00	Total of 23 individuals/ families assisted
FY24 (1	to date) Departmental Free Cash	\$204,002.44	
	total	<b>\$204,002.44</b> plus en	Total of 47 individuals/ families assisted to date nergency hotel stays for 28 individuals/families
Total assistance to date for rapid rehousing and prevention services		\$1,009,681.81	
Contract for emergency hotel stays to Lazarus House \$50,000 Contract for Winter Protocol to Lazarus House \$29,340			

# Community Development Dept's handling of Grants

## By Dalia Díaz

My curiosity peaked when I heard that monies were misspent from the \$3.1 million grant for the homeless, so I asked for answers from the Community Development Department.

According to Awilda Pimentel, Community Development Director, "The HOME ARP funds of 3.1 million dollars have been allocated to the HOME ARP Project Account under the oversight of the Finance Department. These funds are for an Affordable Housing Construction Project for homeless families that will be under construction soon."

That means that the \$3.1 million grant has not even been used; yet my findings revealed that the city has invested over 1 million dollars to address homelessness and prevent evictions, this colossal investment is the first time ever in the history of Lawrence. They have implemented a citywide plan to address homelessness, mental health, and substance abuse.

To the question of how much money was allocated for Rental Assistance and how many residents have been helped, the response was not so easy. Also, each resident does not have the same amount of rent per family because rents vary depending on unit size, area, etc.

Ms. Pimentel continued, "We typically

assist the individual or family for 3 months unless there are extenuating circumstances, we can then extend to 6 months of emergency rental assistance. Each case is different including and may be at different stages in the eviction process at the Lawrence Housing Court."

When asked about the rumor that there are names repeated in that rental assistance, she clarified that it is true. There have been cases of severe illness keeping someone out of work for a long time and the family was assisted a second time.

"The Community Development Department assisted many Lawrence families to remain in their homes, prevent eviction, rapid rehousing, and prevent homelessness," Awilda explained.

My request to see the list of names was rejected. "Community Development doesn't have disclosure agreements or consents to release residents' personal information." I realized that it could be embarrassing for them to make it public, but Ms. Pimentel invited me to look at the list to satisfy my curiosity, which I found

Next, we don't hear much about how many Lawrence residents First Time Home Buyers have received assistance from the \$500,000 funds allocated or how successful it has been.

To my surprise, only two last year: Miguel Berroa received \$50,000 and Julissa Santos \$20,000.

In addition, the Community Development Department is addressing food insecurities with the following actions MHTF and Mass in Motion: \$27,000; Pandemic Recovery Efforts: Thanksgiving Dinners \$3,133; and Lawrence General Hospital-DON Funds-Market Basket Cards \$30,000.

For more information, please refer to the chart of expenditure above.

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shop

donate

volunteer

# Atty. General's office in Lawrence



Representatives from Attorney General Andrea Joy Campbell's office in Boston, came to Lawrence on Saturday, February 24th to listen to residents' problems or complaints.

The meetings took place in the Lawrence Public Library from 11 a.m. to 2 p.m. where private meetings were held.

In this photo are Barrett Yueh; Emily Torres-Cullinane, Chief of Community Engagement Division; and Carmen Phillips-Alvarez, Program assistant.

This is the first time and they plan to come back on Wednesday, May 29th, 2:00 p.m. - 6:00 p.m. and Saturday, September 21st, 10:00 a.m. - 2:00 p.m.



Also present was Attorney Rachel Scully-González from Lawyers Clearinghouse providing legal assistance to any resident who could not afford an attorney.

Ella provee asistencia legal a los residentes que no puedan pagar por un abogado.

Representantes de la oficina de la Fiscal General Andrea Joy Campbell en Boston vinieron a Lawrence el sábado 24 de febrero para escuchar los problemas o quejas de los residentes.

Las reuniones tuvieron lugar en la Biblioteca Pública de Lawrence de 11 a.m. a 2 p.m. donde se llevaban a cabo reuniones privadas.

En la fotoa la izquierda están Barrett Yueh; Emily Torres-Culinane, Jefa de la División de Participación Comunitaria; y Carmen Phillips-Alvarez, asistente de programa.

Esta es la primera vez y planean regresar el miércoles, 29 de mayo de 2:00 p.m. - 6:00 p. m. y sábado, 21 de septiembre de 10:00 a. m. a 2:00 p. m.

# Atención miembros de MassHealth

Si tienes MassHealth, debes seguir los pasos necesarios para mantener tu cobertura de salud este año. MassHealth quiere ayudarte a ti y a tu familia a mantener tu cobertura.



Debes renovar tu cobertura este año. Sigue los siguientes tres pasos para renovar la cobertura:

2 1. Actualiza tu información

2. Revisa tu correo

3. Responde a MassHealth



Para obtener ayuda, llama al 800-841-2900, visita www.masshealthrenew.org o escanea el código.







Actúa ahora. Mantén tu cobertura.



# **Sports with Northern Essex Community College**

By Dan Blair, Director of Athletics

# **District Semi-Finals**

Haverhill, MA (February 28, 2024) -Behind a 29-point, 15 rebound effort from Luis Reynoso (Lawrence), the top seeded and #3 nationally ranked Northern Essex Community College men's basketball team improved to 28-1 on the season with a 93-61 victory over Roxbury Community College and advanced to the Saturday's NJCAA East District Semi-Final where they will take on fifth seeded Massasoit Community College at 4:00pm from the Sport and Fitness Center.

The games opening minutes were back and forth before the Knights began to open up a lead at the midway point of the first half and took a 51-31 lead into the locker room halftime.

Joining Reynoso in double figures were Gabe Zorillo (Lawrence) and Darlin Santiago (Salem) who scored 11 and 10 points respectively. Edwin SamMbaka (Paris, FR) and Karl Wolfgang (Douala, CM) added nine points each.

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## **RUMBONEWS.COM**

# Top Seeded Knights Northern Essex Set to Host NJCAA East Advance to East District/Region 21 Basketball Championships

Haverhill, MA (February 29, 2024) – For the first time, Northern Essex Community College is set to the host the men's and women's NJCAA East District/Region 21 Championships Tournament Semi-Finals and Finals this coming weekend Saturday March 2nd and Sunday March 3rd. The 2024 tournament will mark the first time both the men's and women's championships have been held at the same site since 2020.

The Knights men's basketball team has earned the tournament's top seed for the second consecutive season and advanced to the tournament's final four by virtue of Wednesday evenings 93-61 quarterfinal victory over Roxbury. Luis Reynoso (Lawrence) led the Knights with a 29-point, 15 rebound performance in the quarterfinal.

NECC will be looking to become the first back to back Region 21/East District Champion since Springfield Tech accomplished the feat in 2003 and

Going into the tournament, NECC leads the nation in scoring defense, holding the opponent to 61.5 points per game on the season while ranking second in rebounding with 57.7 rebounds per game.

On the women's side, Northern Essex will be making their first postseason appearance since 2010 as the program returned this season after a 13-year

The Knights will be the second seed and are led by the due of Mirelys Morales (Dracut) and McKayla Dingle (Haverhill) who are averaging 16.8 and 13.6 points per game respectively.

All games will be played at the Sport and Fitness on the Haverhill Campus and Admission is free throughout the weekend.

## **Tournament Schedule:**

Women's Semi-Finals Saturday March 2nd #1 CC Rhode Island vs. #4 Roxbury 11:00am

#2 Northern Essex vs. #3 Massasoit 1:15pm

Women's Championship Sunday March 3rd Semi-Final Winners 1:00pm

Men's Quarterfinals Wednesday February

#1 Northern Essex 93 #8 Roxbury 61

#2 Quincy 85 #7 Bunker Hill 66

#3 Quinsigamond 83 #6 CC Rhode Island 77

#4 Bristol 77 #5 Massasoit 88

Men's Semi-Finals Saturday March 2nd

#1 Northern Essex vs. #5 Massasoit 4:00pm

#2 Quincy College vs. #3 Quinsigamond

Men's Championship Sunday March 3rd Semi-Final Winners 3:30pm



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#### Ω

# Celebrate Women's History Month on Newly Reintroduced Freedom Trail® Revolutionary Women Tours

Freedom Trail® Foundation announces the return of the beloved tour experience, Revolutionary Women Tours throughout Women's History Month in March! Discover theindomitable women who took part in the American Revolution, and the generations of women that followed, inaugurating their own struggles for freedom and equality.

The Freedom Trail

Revolutionary Women Tours invites people of all ages to walk the Freedom Trail and explore four centuries of Revolutionary women who changed history. These 90-minute tours feature tales of the early religious rebellions of Anne Hutchinson and Mary Dver, abolitionist movements of Sojourner Truth and Harriet Tubman, landmark achievements of Black pioneers Phillis Wheatley and Dr. Rebecca Lee Crumpler, prolific writings of Abigail Adams and Louisa May Alcott, dynamic speeches of Margaret Sanger and Susan B. Anthony, and more. Walk the paths these influential women treaded, while visiting the places where their voices were heard, works published, and were laid to rest.

The tours feature official Freedom Trail historic sites from the site of the Great Elm on Boston Common, where women paid the ultimate price for refusing to conform to puritanical values, to the Granary Burying Ground, where those who fought fiercely for independence are remembered alongside their revolutionary male counterparts, and the Old Corner Bookstore and Old



South Meeting House, where women made change through the power of literature and the spoken word. Revolutionary Women Tours culminate at Faneuil Hall, the Cradle of Liberty, which was prominent in both the abolitionist and women's suffrage movements.

Revolutionary Women Tours depart from the Boston Common Visitor Information Center on Saturdays and Sundays in March at 10:45 a.m. Led by 18th-century costumed guides, Freedom Trail Foundation's walking tours are \$17 for adults, \$15 for seniors/students, and \$8 for children, and include a \$1 donation to the Freedom Trail Foundation's Preservation Fund. Tickets may be purchased at the Boston Common Visitor Information Center or online at TheFreedomTrail.org. All walking tours and specialty tours are available as private tours year-round by appointment and are perfect for families, company outings, corporate activities and team building, tourist groups, and more.

For additional information please visit TheFreedomTrail.org or call (617) 357-8300.

## Letters to the Editor

# **Greater Lawrence Kiwanis 100 Anniversary Celebration**



The Kiwanis Club of Greater Lawrence P.O. Box 3068 Andover, MA 01810

February 25, 2024

Dear Friends,

The Kiwanis Club of Greater Lawrence is planning a 100th Anniversary Celebration Dance and Fundraiser on Friday April 5, 2024 at Salvatore's Restaurant at 354 Merrimack Street, Lawrence, Massachusetts. The proceeds from this event will provide essential funds required for our mission of supporting the needs of children in the Greater Lawrence area.

We have a long tradition of being leaders in our community, as a service club and non-profit organization. We focus our efforts on education through community service projects, funding of other non-profit organizations focused on children and providing scholarships to children in need.

We ask you to consider joining us for this event to help provide for the children across the Merrimack Valley who need it

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2 Tickets

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Logo on Webpage & Facebook

most. With your support, we can positively impact the lives of so many more children. So, please join us and attend the event as a group to help ensure that the 100th Anniversary Celebration and Dance is a success. Enclosed you will find the opportunities and benefits of being a sponsor or buy tickets for the event. If you are unable to attend, please consider a donation to help the Children.

Thank you for your consideration. Please call me directly at (603) 552-7372 if you have any questions. We hope to see you on April 5th!

Sincerely,

Bob Archambault President, Greater Lawrence Kiwanis Club P.O. Box 3068 Andover, Ma. 01810

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## New Salon & Medi Spa in North Andover



From left to right, Michael Bevilacqua, MV Chamber; Da Vinci Owners and Staff; Janice Phillips from Senator Finegold office.

DaVinci Salon & Medi Spa celebrated their ribbon cutting celebration on Friday, Feb 23rd 2024. They are located at Signature Commons in North Andover!



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GREATER LAWRENCE KTWANIS IS A 501C(3) FOUNDATION

# El sorteo Munch Madness Munch Madness Giveaway regresaalaciudaddeLowell Returns to the City of Lowell

En colaboración con la Cámara de Comercio de Greater Lowell, la ciudad de Lowell anuncia con orgullo el regreso de Munch Madness, una iniciativa de un mes de duración que tiene como objetivo apoyar, alentar y recompensar a las empresas con sede en Lowell y a sus patrocinadores. Ya sea que te sientas de élite, dulce o absolutamente hambriento, salir a cenar en Lowell podría saberte a victoria durante todo el mes.

"La Cámara de Greater Lowell se enorgullece de asociarse con la ciudad de Lowell en la segunda edición anual de Munch Madness", dijo Danielle McFadden, presidenta y directora ejecutiva de la Cámara de Comercio de Greater Lowell. "Esto es más que una simple aventura gastronómica, es una iniciativa impulsada por la comunidad que anima a los residentes a explorar y apoyar a los restaurantes locales".

Del 1 al 31 de marzo de 2024, los clientes que cenen en restaurantes participantes y gasten al menos \$25, pueden ganar una entrada para regalos que celebran a Lowell y un sorteo del gran premio para ver quién recibe un regalo para cenar alrededor de Lowell durante un año. Tarjetas de todos los comercios participantes.

Cada vez que gaste \$25 en una empresa

participante, tome una fotografía del recibo y cárguela en LowellMunchMadness.com junto con la información de contacto. Cada recibo cuenta como una entrada y cada recibo calificado cuenta como una entrada adicional y una oportunidad de

"Al participar en este sabroso frenesí, no solo deleitamos nuestras papilas gustativas, sino que también alimentamos nuestra economía local, fomentando un sentido más fuerte de comunidad y camaradería entre residentes y empresas por igual", agregó McFadden.

Para obtener una lista completa de las empresas participantes y un resumen de los premios, reglas y regulaciones, visite LowellMunchMadness.com.

Los restaurantes con sede en cualquier lugar de Lowell son elegibles para participar como socios y pueden registrarse en línea en https://bit.ly/3SDqI37 o comunicarse con la Cámara de Comercio de Greater Lowell por correo electrónico a dmcfadden@ greaterlowellchamber.org o por teléfono al (978) 282-8283. El restaurante con la mayor cantidad de entradas ganará sus propios premios, como una membresía de un año en la Greater Lowell Chamber, un paquete de marketing para su negocio valorado en más de \$2,000 y mucho más.

In collaboration with the Greater Lowell Chamber of Commerce, the City of Lowell proudly announces the return of Munch Madness, a month-long initiative that aims to support, encourage, and reward Lowell-based businesses and their patrons. Whether you're feeling elite, sweet, or downright hungry, dining out in Lowell could taste like victory all month long.

"The Greater Lowell Chamber is proud to partner with the City of Lowell on the 2nd Annual Munch Madness," said Danielle McFadden, President/CEO of the Greater Lowell Chamber of Commerce. "This is more than just a foodie adventure, it's a community-driven initiative that encourages residents to explore and support local restaurants."

From March 1 to 31, 2024, patrons who dine at participating restaurants and spend at least \$25, can earn an entry toward giveaways of goodies that celebrate Lowell, and a Grand Prize drawing to see who gets to Dine Around Lowell for a Year with gift cards from all participating businesses.

Any time you spend \$25 at a participating business, take a picture of the receipt and upload it at LowellMunchMadness.com along with contact information. Each receipt counts as one entry, and each qualifying receipt counts as an additional entry and chance to win.

"By participating in this flavorful frenzy, we not only indulge our taste buds, but we also nourish our local economy, fostering a stronger sense of community and camaraderie among residents and businesses alike," added McFadden.

For a full list of participating businesses and the rundown on prizes, rules and regulations, visit LowellMunchMadness.

Restaurants based anywhere in Lowell are eligible to participate as partners and can sign up online at https://bit.ly/3SDqI37 or contact the Greater Lowell Chamber of Commerce by email at dmcfadden@ greaterlowellchamber.org or phone at (978) 282-8283. The restaurant with the most entries stands to win prizes of their own, like a one year membership to the Greater Lowell Chamber, a marketing package for their business worth over \$2,000, and much

"Love and compassion are necessities, not luxuries. Without them, humanity cannot survive."

"El amor y la compasión son necesidades, no lujos. Sin ellos, la humanidad no podrá sobrevivir."

Dalai Lama

## LEA EDICIONES PREVIAS DE RUMBO EN LA INTERNET **RUMBONEWS.COM**





Possible Dreams 2024, Team Haverhill's annual community visioning event, will take place on Monday, March 11th at Northern Essex Community College.

We are reaching out to the community, to share and <u>submit their ideas</u> in advance of the event. The community conversation at the event will focus on these ideas, and how we can move forward together to make them happen for Haverhill.

No idea is too big or too small to spark a discussion, gain momentum or become a reality! A few examples of ideas that gained momentum at past Possible Dreams events include: Clement Farm Disc Golf Course, Haverhill Restaurant Week, River Ruckus, Beyond Walls Mural Project... and many more.





If you have an idea that will positively impact the future of Haverhill, that you would like to present at Possible Dreams 2024, please CLICK HERE to submit your idea today!

Public registration for event attendees will begin on February 12th - but please submit your idea today!

See you at Possible Dreams 2024 on Monday, March 11th?

Thanks.

Team Haverhill

"Friendship... is not something you learn in school. But if you haven't learned the meaning of friendship, you really haven't learned anything."

MUHAMMAD ALI

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# MCC's Spring Celebrity Forum to Welcome Award-winning Music Legend

The Middlesex Community College Foundation is proud to announce the Spring 2024 Celebrity Forum, featuring six-time GRAMMY® Award-winning music legend Dionne Warwick. The event will take place on Thursday, April 25 at the Lowell Memorial Auditorium.

"This is exciting news for Greater Lowell – Middlesex is honored to help bring another legend of music to the Auditorium stage," said MCC President Phil Sisson. "These events don't happen without the MCC Foundation and our sponsors who have generously been providing scholarship support to our students for more than two decades through this Celebrity Forum series. I'm looking forward to a fabulous evening with a packed house celebrating and listening to music royalty Dionne Warwick!"

"We are thrilled and honored to welcome the iconic international superstar Dionne Warwick to the Lowell Memorial Auditorium," said Judy Burke, MCC's Vice President of Institutional Advancement & Workforce Development. "Our Celebrity Forum events are an opportunity to celebrate the impact of our college and the Foundation with an evening of music and dance while raising important funds to assist Middlesex students with the costs of attending school. The MCC Foundation is grateful to Ms. Warwick for performing

Warwick earned more than 75 charted hit songs and sold over 100 million records in her 50+ year career. Discovered by Burt Bacharach and Hal David in 1961, she recorded 18 consecutive Top 100 singles, including "Don't Make Me Over," Walk on By," "Say a Little Prayer," "A House is Not a Home," "Alfie," "Heartbreaker," and "Déjà Vu," among others.

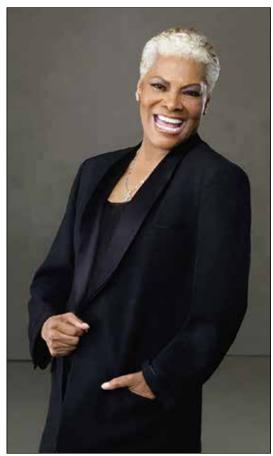
and to Spectacle Live and our community

partners and sponsors for making these

incredible events possible each year."

Known as the artist who "bridged the gap" with her soulful blend of pop, gospel and R&B music that transcended race, culture and musical boundaries, Warwick became first African American solo female artist of her generation to win the prestigious award for Best Contemporary Female Vocalist Performance. She is also the recipient of several coveted and prestigious awards, including the 2017 Marian Anderson Award, the 2019 GRAMMY® Lifetime Achievement Award, and the 2023 Kennedy Center Honor in 2023.

She participated in recording the hits "That's What Friends Are For" and "We Are the World," and performed at "Live



The Middlesex Community College Foundation is proud to announce the Spring 2024 Celebrity Forum, featuring six-time GRAMMY® Awardwinning music legend Dionne Warwick. The event will take place on Thursday, April 25 at the Lowell Memorial Auditorium.

Aid." Author of the best-selling "My Life As I see It," Warwick was honored in a 2018 PBS Television Special "Then Came You" and was named a 2019 Ambassador to the Smithsonian Institute's Year in Music.

A donor reception for sponsors will start off the event at 6 p.m., followed by dinner and the 8 p.m. performance. Proceeds from the event provide support for scholarships for MCC students. The annual fundraiser is one of the best ways to support MCC students while having a great night out.

For over 20 years, Middlesex has brought well-known personalities to Greater Lowell for the educational and cultural enrichment of area residents, including the 2023 event with the Temptations and the Four Tops. The TJX Companies, Inc., proud Presenting Sponsor of MCC's spring fundraisers since 1999, has returned to support this year's Celebrity Forum.

Visit https://www.middlesex.mass.edu/celebrityforum/2024.aspx for more information about sponsorship opportunities or contact Sherri McCormack, MCC's Dean of Advancement at mccormacks@middlesex.mass.edu or 978-656-3034. To purchase tickets, contact the Lowell Memorial Auditorium Box Office at 800-657-8774.

# The Merrimack Valley Immigrant & Education Center

The former Asian Center at 439 South Union St., building 2, Level B, Lawrence, MA 01843 is enrolling students for an intensive ESOL (English for Speakers of Other Languages) classes.

The classes will meet on Tuesdays and Thursdays either from 9 AM to 11:30 AM or 6 M to 8:30 PM.

Class fee is \$50. Call 978-683-7316 for more information.

# New Home, New Look, Same Mission: Ending Hunger in Our Community

Many exciting changes are taking place for the Merrimack Valley Food Bank (MVFB) this winter. After operating out of a warehouse at 735 Broadway Street in Lowell since 1995, the organization has moved into its newly renovated location at 1703 Middlesex Street in Lowell. During the 29 years MVFB made its home on Broadway Street, the organization grew exponentially – adding five direct service programs to serve populations vulnerable to food insecurity and growing its food distribution program to distribute nearly 4 million pounds of food annually to serve approximately 70,000 people each month.

The newly renovated building on Middlesex Street represents a huge step in the Food Bank's growth. The larger space, all on one level and with increased freezer capacity and more accessible loading docks, will allow MVFB to serve more people with greater safety and efficiency than the prior space.

To recognize this new era in MVFB's history, the organization is also launching a new logo and look to better reflect its larger role in the community. The new logo still features an apple, which has long been a symbol associated with MVFB, but the inclusion of people making up the apple shape better represents the importance of community and humanity to the organization's mission. Orange is the traditional color associated with

hunger relief and food insecurity awareness, so is featured prominently in the new design. The green also reflects MVFB's commitment to sustainability in all of its programs and practices.

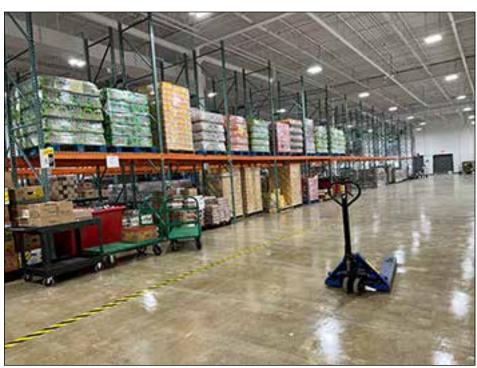
While a new home and new look are major changes, the MVFB team wishes to emphasize that their mission remains unchanged. The organization is committed to fighting food insecurity in the 32 cities and towns it serves, working through a combination of direct service programs and partnerships with other hunger relief organizations to ensure that no member of the community has to go to bed hungry.

Executive Director Debbie Callery is proud of this commitment, saying, "We really have an incredible team of staff and board members who are so committed to our vision of fighting food insecurity. Their dedication and hard work, and the hard work of the staff and board over the course of the organization's 33 year history, have made it possible for us to be in this position where we can look forward to expanding our services and helping more people who are just trying to feed their families. It's really a special time at MVFB."

For more information about the Merrimack Valley Food Bank or to schedule a tour of the new building, visit www.mvfb. org or follow MVFB on Facebook, Twitter, and Instagram.



Executive Director Debbie Callery proudly displays MVFB's newly unveiled logo.



A look inside the Merrimack Valley Food Bank's new warehouse at 1703 Middlesex Street.

"What sweetness is left in life, if you take away friendship? Robbing life of friendship is like robbing the world of the sun. A true friend is more to be esteemed than kinsfolk."

## CICERO

# AgeSpan SQUENTY Join Us in Celebrating 50 years of Inspiring Aging AgeSpan SQUENTY We hope you'll join us for 50 years of Inspiring Aging: Celebrating the Power, Value and Voices of Older Adults Save the Datel May 2, 2024 • 12 - 2 p.m. Doors open: 11:30 a.m. Blue Ocean Event Center, Salisbury, MA Tickets: \$75 per person Questions/Sponsorship Opportunities: Contract Maria Gudinas at mgudinas@agespan.org or at 978-651-3051 AgeSpan AgeSpan Featuring Favivy Denant, WOVE Charmed St. Chief Metocotologist Cinerities

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**DIRECTOR'S BLOG** 

## Looking Ahead to 2024 on Our Collective Journey to Excellence



## By Robert L. Santos, Director, U.S. Census Bureau

As we navigate the first quarter of the new year, I have been reflecting upon our collective journey to excellence. It's a journey that features effective partnerships, continuous communication and working together to understand needs, leverage our strength and maximize productivity within recognized constraints.

Like federal statistical agencies across the nation (and the world!), the U.S. Census Bureau is charged with producing quality statistics in the face of declining survey response rates, rising costs and increasing complexities of data collection. Once data are collected, we then must address the intricacies of disclosure risks while preserving data utility/granularity. Plus, there's the challenge of providing statistical data that meets the myriad needs of increasingly diverse communities of users. Statistical data are only as good as their ability to provide the insight sought by federal agencies, tribal nations, policymakers, state and local governments, community organizations, businesses, scholars and other members of the public.

Yet I've always envisaged obstacles as fodder for opportunity. These challenges motivate our transformation into a 21st century federal statistical agency. They motivate our outreach to communities and stakeholders to provide public service represented by our statistical data. And they motivate the importance of true partnerships —travel partners, if you will—on our journey to excellence.

Today, I want to talk about how we're responding to those challenges and the opportunities that lie ahead for the Census Bureau. You'll see that we embrace and utilize our core values in our work. We recognize and value all stakeholders, actively seeking diverse perspectives. We leverage our role as a public servant. And when we put it all together, we can spark innovation, create new levels of excellence, accelerate our transformation and modernization, and deliver accurate, relevant statistical products to you – the public.

As the nation's largest statistical agency, the Census Bureau this year will continue to be a leader in the federal statistical system. We'll benefit from collaborations with our superb fellow statistical agencies as well as the support of the U.S. Chief Statistician. We will continue to be led by our values – scientific integrity, objectivity, transparency and independence. We will also continue to seek diverse perspectives to pursue excellence in all that we do.

We'll work with our federal colleagues to assess their data needs and to cultivate coherence and relevance in measurement. After all, working together is what a government-of-the-whole approach is all about. Our work together includes tackling topics likes disability, climate and

privacy for which multiple agencies have data or missions. Helping agencies with their data needs also benefits historically undercounted and underserved populations, such as rural America, people on tribal lands and communities of color throughout our nation. We're also working to cultivate interagency agreements for equity.

Continuous innovation and modernization of how we produce statistics is essential to better meet the nation's complex and diverse informational needs. There are many topics like climate extremes, broadband deployment, the gig economy, and economic development that require more than a single survey, census or data source to study and resolve.

As part of our transformation and modernization, we're reimagining the way we produce statistical data. We've commenced a "Statistical Product First" approach that specifically focuses on expressed public needs. Under this new approach, we engage with the public to identify the data purposes and uses that people need. This drives the development of the statistical products. And this outreach is iterative to ensure continuous improvement and clear understandings.

We recently announced an early application of this approach, to create new experimental data products with the American Indian and Alaska Native Community in mind. Because this approach depends on in-depth, ongoing dialogue with our data users and the public, it is also a step toward increased data equity and access.

Our work on data equity and access is continuous and expansive. Notably, we'll continue to seek out diverse voices to advance innovation, spur creativity and critical thinking – and ultimately create the highest quality statistics. Through our external engagements over the past few years, we've found that people with different lived experiences and cultures offer powerful insights. But they do so only if provided an opportunity to participate.

Community engagement is critical to understanding root causes of problems and developing culturally relevant solutions. This is a priority. As we have throughout my tenure as director, we'll continue to hold conversations with community groups, public officials, tribes and stakeholders across America. For example, along with our colleagues from the Office of Management and Budget (OMB), the National Center for Health Statistics (NCHS) and other statistical agencies, we will continue our work with stakeholders and the public to better understand data needs and data uses surrounding the topic of disability.

As part of these efforts, we will continue to cultivate partnerships with institutions of higher learning like those we have with Bowie State University, the University of Texas at San Antonio and the University of Puerto Rico. These important partnerships

are part of our effort to connect with communities and achieve a high-quality, motivated, diverse workforce. They also represent important conduits to community needs and data use cases.

A key area of work this year will be our preparations for the 2030 Census. As part of our commitment to open and transparent communication, we will be continuing our series of webinars to share information about our preparations. In January, we announced that our initial operational plan for the 2030 Census will be released in early 2025, and we'll hold a major field test in 2026. Soon we will begin to release strategy documents outlining how we're approaching fundamental aspects of our census preparations.

Through it all, we will continue to release quality data on our nation's people, places and economy. This includes annual population estimates, American Community Survey 1-year and 5-year estimates, and data on income, poverty and health insurance coverage in the United States. We've already released the First Look at data from the 2022 Economic Census, and are set to release the Detailed Demographic and Housing Characteristics File B from the 2020 Census and many other new products

later this year. We will also continue developing and improving our experimental products that uniquely combine data from multiple sources. These include our Community Resilience Estimates, Business Trends and Outlook Estimates, National Experimental Well Being Statistics and Veteran Employment Outcomes data, to name a few.

From our meetings with hundreds of Census Bureau data users across America – including stakeholder groups, businesses, and state, local and tribal government officials – we know how critical our statistical data are. We take great pride in providing quality data on our nation's people, places and economy to communities.

These are just a few of the ways the Census Bureau will meet challenges with creativity and innovation this year. As always, our strategic plan and core values of scientific integrity, objectivity, transparency and independence will guide our actions, planning and decisions.

Thank you for being a critical travel partner on our journey! Stay tuned for a companion blog from Deputy Director Ron Jarmin outlining our specific milestones and objectives for 2024.

# MassHire Greater Lowell Announces \$4.6 Million in Health Grants

LOWELL, Mass., February 27, 2024 – MassHire Greater Lowell is pleased to announce the awarding of two grants aimed at enhancing workforce development in the Healthcare and Behavioral Healthcare industries. In collaboration with MassHire Merrimack Valley and North Shore Workforce Boards, these grants mark the start of a significant 3-year implementation project for the region.

"This grant provides a significant boost to the Health and Behavioral Health employers in our region", stated Kevin Coughlin, Executive Director of the MassHire Greater Lowell Workforce Board. "The need for more training and more employee pathways is a high priority!"

The Healthcare grant is \$2.4 million, and the Behavioral Healthcare grant is \$2.2 million. Greater Lowell will receive a combined \$1.2 million from both grants (\$530K for Healthcare and \$700K for Behavioral Health). These funds primarily focus on the recruitment and training of job seekers. Funds also provide individualized soft skills and Career Readiness training at the MassHire Career Centers (Lowell, Salem, and Lawrence), enhancing the overall employability of participants.

"This \$1.2 million grant is a tremendous opportunity for the City of Lowell to directly improve employment possibilities and enhance recruitment and training over the next 3 years," said City Manager Thomas A. Golden, Jr., "I'm especially thrilled to see that MassHire Greater Lowell will provide placement services and training in conjunction with many of our partner nonprofits, which will have great long-term employment benefits for residents within the Greater Lowell region."

MassHire Greater Lowell will provide

training and placement services to prepare 115 unemployed and underemployed and incumbent worker participants over the three-year grant. They will partner with The Bridge Club, Lowell House, Trinity Care Associates, Lowell Community Health Center, Tufts Medicine and Lowell General Hospital, Vinfen, International Institute of New England, PrideStar Trinity EMS, Centerboard, and Link House.

"As the healthcare industry faces significant challenges recruiting and retaining talent following the pandemic, partnerships like this provide a great opportunity to strengthen training offerings in our community and support the continued education and development of our dedicated workforce." Tracey Meek, Vice President of Community Hospitals, Human Resources, Tufts Medicine.

As the project progresses into years two and three, MassHire anticipates a substantial increase in participants through additional employers and training providers.

This project is funded by the Healthcare/Behavioral Health Hub Continuation Grant (Workforce Competitiveness Trust Fund FY'21 Appropriation) and funds appropriated through the federal American Rescue Plan Act (ARPA) of 2021. This grant initiative is administered by Commonwealth Corporation on behalf of the Executive Office of Labor and Workforce Development and the Workforce Skills Cabinet.

MassHire is centered in Lowell, MA, and serves the communities of Lowell, Dracut, Billerica, Tewksbury, Chelmsford, Dunstable, Tyngsboro, and Westford. Its mission is to provide the public and private sectors with job training and placement into jobs within the Greater Lowell region.

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## CLASIFICADOS | CLASSIFIEDS

# LEGAL NOTICE NOTICE OF PUBLIC SALE

Notice is Hereby given by Sheehan's Towing L.L.C. of 26 Lawrence St Methuen, MA, pursuant to the provisions of M.G.L. c. 255, Section 39A, that they will sell or junk the following vehicles on or after March 9, 2024 beginning at 10:00 am by private or public sale to satisfy their garage keeper's lien for towing, storage, and lien fees. Vehicles are being stored at Sheehan's Towing and may be viewed by appointment only.

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- 2. 2016 Nissan Rogue VIN 5N1AT2MV7GC786123
- 3. 2018 Honda Accord VIN 1HGCV1F12JA264998
- 4. 2014 Mercedes Benz E350 VIN WDDHF8JB5EB013084
- 5. 2012 Audi Q5 VIN WA1LFAFP2CA062403
- 6. 2007 Lexus IS VIN JTHBE262375013707
- 7. 2012 Mini Cooper VIN WMWSV3C58CTY296928. 2013 Ford Escape VIN 1FMCU0HX6DUB27400
- 9. 2004 Nissan Frontier VIN 1N6ED29X14C417473

Robert Sheehan

Owner, Sheehan's Towing L.L.C.

2/22, 3/1, 3/8

## LEGAL NOTICE NOTICE OF PUBLIC SALE

Notice is hereby given by Stuart's Automotive, Inc. 97 Tanner Street, Lowell, MA, pursuant to the provisions of Mass G.L c. 255, Section 39A, that they will sell the following vehicles on or after March 9, 2024 starting at 10:00 am by private or public sale to satisfy their garage keepers lien for towing, storage, and notices of sale:

- 1. 2001 Honda Accord VIN 1HGCG16491A083448
- 2. 2015 Nissan Rogue VIN KNMAT2MT8FP537081
- 3. 2017 Subaru WRX VIN JF1VA1L63H9835838
- 4. 2005 Nissan Sentra VIN 3N1CB51D75L469220

Vehicles are being stored at Stuart's Automotive and may be viewed by appointment only.

Signed

Kevin Stuart

Stuart's Automotive

2/22, 3/1, 3/8

## LEGAL NOTICE NOTICE OF PUBLIC SALE

Notice is hereby given by Christopher's Towing 76 Riverneck Road, Chelmsford, MA, and 91 Maple Street Unit 11, Lowell, MA pursuant to the provisions of Mass G.L c. 255, Section 39A, that they will sell the following vehicles on or after March 16, 2024 beginning at 10:00 am by private or public sale to satisfy their garage keepers lien for towing, storage, and notices of sale. Vehicles are being stored at Christopher's Towing and may be viewed by appointment only.

- 1. 1994 Yamaha FZR600R VIN JYA3HHE0XRA068788
- 2. 2015 Hyundai Santa Fe VIN 5XYZUDLBXFG255466
- 3. 2007 Honda Odyssey VIN 5FNRL38737B039971
- 4. 2019 Honda Accord VIN 1HGCV1F40KA047297
- 5. 1990 Kawasaki VN1500-A VIN JKBVNAA1XLA004193
- 6. 2011 Honda NPS50 VIN JH2AF5808BK703624
- 7. 2021 Dodge Durango VIN 1C4SDJH97MC715562
- 3. 2017 TAO TAO VIN L9NLARJC7M1702745
- 9. 2020 DAIX 1st Generation VIN L37MMJBV4LZ030016
- 0. 2021 TAO TAO VIN L9NLARJC9M1702679
- 11. 2020 Sanmen YN50QT VIN LL0TCAPJ2LG000978
- 12. 2016 Jiangsu VIN L2BBFACG6GB626074
- 13. 2016 Kawasaki 450SX-F VIN VBLSXR437GM367556
- 14. 2016 Chongqing Huangson VIN LWGPCML02GA038570
- 15. 2012 Honda Odyssey VIN 5FNRL5H48CB131945
- 16. 2016 Chevrolet Malibu VIN 1G11C5SA2GF117836
- 2014 Nissan Altima VIN 1N4AL3AP8EN217448
   2019 Mazda 6 VIN JM1GL1VM1K1510779

G: 1

Signed Christopher Ferreira

Owner

3/1, 3/8, 3/15

# READ PREVIOUS EDITIONS OF RUMBO ON OUR WEBSITE RUMBONEWS.COM

# LEGAL NOTICE NOTICE OF PUBLIC SALE

Notice is hereby given by Coady's Towing Service 139 Marston Street, Lawrence, MA, pursuant to the provisions of Mass G.L c. 255, Section 39A, that they will sell or junk the following vehicles on or after March 16, 2024 starting at 10:00 am by private or public sale to satisfy their garage keepers lien for towing, storage, and notices of sale:

- 1. 2005 Dodge Caravan VIN 1D4GP25R25B131586
- 2. 2017 Honda Civic VIN 2HGFC2F85HH572054
- 3. 2007 Ford Edge VIN 2FMDK48C57BA1113
- 4. Sportsmen Camper VIN 4LZ183823YS038609
- 5. 2018 Forest River Wildwood VIN 4X4TWDC25NA274872

Vehicles are being stored at Coady's Towing Service and may be viewed by appointment only.

Signed

Frank Coady

Coady's Towing Service

3/1, 3/8, 3/15

# LEGAL NOTICE NOTICE OF PUBLIC SALE

Notice is hereby given by Stuart's Automotive, Inc. 97 Tanner Street, Lowell, MA, pursuant to the provisions of Mass G.L c. 255, Section 39A, that they will sell the following vehicles on or after March 16, 2024 starting at 10:00 am by private or public sale to satisfy their garage keepers lien for towing, storage, and notices of sale:

- 1. 2018 Honda Civic VIN 19XFC2F57JE204903
- 2. 2011 Toyota Yaris VIN JTDKT4K38B5338458
- 3. 2013 Honda Civic VIN 2HGFB2F94DH585934
- 4. 2007 Acura TL VIN 19UUA66247A039609
- 5. 2005 Honda CBR600 VIN JH2PC37045M206765
- 6. 2013 Chevrolet Captiva VIN 3GNAL4EKXDS614220
- 2010 Honda CRV VIN 5J6RE4H37AL010243
   2012 Ford Fiesta VIN 3FADP4BJ9CM112524
- 9. 2004 Harley Davidson XL883 VIN 1HD4CAM194K444276
- 10. 2013 Hyundai Elantra VIN 5NPDH4AEXDH220315

Vehicles are being stored at Stuart's Automotive and may be viewed by appointment only.

Signed

Kevin Stuart

Stuart's Automotive

3/1, 3/8, 3/15

# LEGAL NOTICE NOTICE OF PUBLIC SALE

Notice is hereby given by Christopher's Towing 76 Riverneck Road, Chelmsford, MA, and 91 Maple Street Unit 11, Lowell, MA pursuant to the provisions of Mass G.L c. 255, Section 39A, that they will sell the following vehicles on or after March 16, 2024 beginning at 10:00 am by private or public sale to satisfy their garage keepers lien for towing, storage, and notices of sale. Vehicles are being stored at Christopher's Towing and may be viewed by appointment only.

- 1. 2004 Honda Pilot VIN 5FNYF18484B009762
- 2. 2008 Honda Pilot VIN 5FNYF18348B040097
- 3. 2007 Chrysler Town & Country VIN 2A8GP54L47R125829
- 4. 2008 Nissan Altima VIN 1N4AL21E88C132747
- 5. 2003 Honda Odyssey VIN 5FNRL18663B097045
- 6. 2006 Honda Accord VIN 1HGCM66536A057465
- 2008 Audi A4 VIN WAUDF78E18A110857
   2009 Mercedes Benz GL VIN 4JGBF86E09A482481
- 9. 2004 Lexus GX VIN JTJBT20X240055903
- 10. 2006 Toyota Corolla Matrix VIN 2T1LR32E76C55947511. 1996 Chevrolet Blazer VIN 1GNCS13W7T2206364
- 11. 1996 Chevrolet Blazer VIN 1GNCS13W/122063
   12. 2009 Honda Accord VIN 1HGCP36839A028522
- 13. 2008 Buick Enclave VIN 5GAEV13728J245833
- 14. 1991 Plymouth Acclaim VIN 1P3XA463XMF502411

2003 Volkswagen GTI VIN 9BWDE61J234055663

- 15. 2005 BMW 325XI WBAEU33485PR14891
- 16. 2000 Honda CR-V VIN JHLRD1863YC01639317. 2001 Acura Integra VIN JH4DC44571S002614
- 19. 2011 Lincoln MKZ VIN 3LNHL2JC1BR752691

Signed

Christopher Ferreira

Owner

3/1, 3/8, 3/15

# MassDevelopment Awards Funding for Entrepreneurship Center

MassDevelopment grants Community Teamwork \$125,000 through its TDI Local Grant Program

Lowell MA, Community Teamwork had receiving received a \$125,000 grant from MassDevelopment in an effort to help fund its Entrepreneurship Center. The funding will be focused towards the TDI Lowell ACRE Capacity Improvement Program, which will assist struggling small business owners in the Acre neighborhood district with an assessment of their business activities, identification of areas they could improve in, technical assistance from the Entrepreneurship Center, and stabilization funds business owners will use to pay for services which would bring about changes suggested by our staff.

The Entrepreneurship Center, formerly known as the Merrimack Valley Small Business Center, was founded in 1998 to provide technical assistance for low and very low-income entrepreneurs to help them create, sustain and grow microenterprises. Since its rebranding into the Entrepreneurship Center in 2019, its services have expanded throughout Middlesex and Essex County, and refocused its program offerings and service model to better serve the diverse needs of its disadvantaged micro-enterprise clients.

The Transformative Development Initiative (TDI) is MassDevelopment's signature place-based economic development program for Gateway City downtowns and commercial districts. TDI uses an accelerator model, committing intensive resources for a defined period to real estate development, small business stability and growth, arts and cultural amenities, placemaking, and targeted technical assistance and strategic planning. This work is laid on a platform of community engagement and partnership development; the agency requires that cities assemble a cross-sector partnership to apply, and over the course of the program works to make the partnership more representative of the neighborhood and use it as a platform to grow sustaining, working relationships. First added to the TDI "toolkit" in 2017, in response to local partners demonstrating the need for direct funding for small-business support, TDI Local supports local market development by fostering business, resident, and property-owner engagement, building community identity, and improving the public realm in TDI districts.

"This program will provide crucial holistic support to independent businesses in Lowell's Acre neighborhood, a TDI District. The partnership between MassDevelopment and Community Teamwork's Entrepreneurship Center is an exemplary government-nonprofit partnership in service to the community," said Ali Carter, City of Lowell Director of Economic Development

"In working the TDI Partnership for the Lowell Acre Community, we look forward to investing our time and effort in this community to help its businesses prosper. The location between UMass Lowell and the entire downtown corridor make this area potentially a conduit for business and cultural exchange. The area is attracting investment, changing before our very eyes while maintaining its essential character and I look forward to seeing the results," Charles Smith, Director at the Entrepreneurship Center at Community Teamwork, Inc.

Mass Development, the state's development finance agency and land bank, works with businesses, nonprofits, banks, and communities to stimulate economic growth across the Commonwealth. During FY2023, Mass Development financed or managed 545 projects generating investment of more than \$2 billion in the Massachusetts economy. These projects are estimated to create or support 10,522 jobs and build or preserve 1,583 housing units.

About Community Teamwork

Established in 1965, Community Teamwork is a non-profit Community Action Agency (CAA) serving more than 55,000 individuals and families in the City of Lowell and the seven surrounding towns of Billerica, Chelmsford, Dracut, Dunstable, Tewksbury, Tyngsboro, and Westford. Community Teamwork also serves as a Community Development Corporation and as the Regional Housing Agency for the Merrimack Valley and the rest of the Northeastern Massachusetts, including 71 cities and towns inclusive of the North Shore and Cape Ann. Community Teamwork is a catalyst for social change. We strengthen communities and reduce poverty by delivering vital services and collaborating with key stakeholders to create housing, education and economic opportunities. Our vision is a community whose institutions, systems, and people support everyone's opportunity to thrive. www.commteam.org

# **CLASIFICADOS** | **CLASSIFIEDS**

# LEGAL NOTICE NOTICE OF PUBLIC SALE

Notice is hereby given by Trombly Bros., Inc. of 141-153 Sutton Street North Andover, MA, pursuant to the provisions of Mass G.L c. 255, Section 39A, that they will sell the following vehicle on or after March 16, 2024 beginning at 10:00 am by public or private sale to satisfy their garage keeper's lien for towing, storage, and notices of sale. Vehicle is being stored at Trombly Bros., Inc.

1. 2013 Chevrolet Equinox VIN 2GNALBEKXD6244986

Signed, Mark Trombly Trombly Bro., Inc. 3/1, 3/8, 3/15

# Hitting the Road: Inter-Campus Shuttle is Huge Success



### **Submitted by Melissa Bouse**

With its new, custom graphics, the Northern Essex Community College Inter-Campus Shuttle is hard to miss. And oh-so-easy to catch. In fact, the demand for the service has been so high that several times a day, the college has added a second shuttle into service.

"We're so pleased to see students are using it and using it a lot. It was always our hope that we would need to add several work-study [driving] positions," NECC CFO Mike McCarthy shared at a recent staff meeting.

Shuttle service started at the beginning of the fall '23 semester. It operates starting at 7 am Mondays through Thursdays on the Haverhill Campus and transports riders between there and the Lawrence Campus throughout the day. Former NECC Student Trustee Sarah Pachano '23 was instrumental

in lobbying for the service. She surveyed students, collected data, and then worked with McCarthy to develop a plan.

Clearly, their plan worked. McCarthy shared that on Mondays and Wednesdays, as many as 105 people ride the shuttle throughout the day. On Tuesdays and Thursdays, they see 70-85 riders. The busiest routes- where they've added additional service- are those leaving Haverhill at 12:45 pm and leaving Lawrence at 8:30 am.

The shuttle stops at the Haverhill Campus near the

bus stop on the Haverhill Campus near the Elliot Street entrance and in front of the El Hefni building in Lawrence. A full schedule can be found here.

### **Shuttle History**

Prior to the pandemic, shuttle service was provided between the campuses as part of a partnership between NECC and MVRTA. It was put on hold in March 2020 as classes moved online and brought back in the fall of 2021 as in-person class offerings increased. However, ridership never returned to pre-pandemic levels, with fewer than 10 students riding daily. The shuttle was discontinued in October of 2021.

To compensate, MVRTA agreed to let NECC students, faculty, and staff ride free on the existing bus schedule. The option is still available, though the new shuttle service is significantly faster and more efficient.

## WWW.RUMBONEWS.COM

## Fire victims / Víctimas de incendios

When a fire occurs in Lawrence, usually many families are left homeless and in need of everything. Please contact Heal Lawrence if you wish to make a contribution to the victims. The website has a list of items and things that are needed as well as victims' names, ages, sizes, etc. but they suggest giving them gift cards to grocery stores and department stores in any denomination.

\*\*\*\*

Cuando un incendio ocurre en Lawrence, por lo regular muchas familias se quedan sin hogar y necesitados de todo. Favor de ponerse en contacto con Heal Lawrence si desea hacer una contribución a las víctimas. El sitio en la internet tiene una lista de artículos que necesitan así como nombres, edades, tallas, etc. de las víctimas pero ellos sugieren que les compren tarjetas de mercados o tiendas por departamentos de cualquier denominación.

http://heallawrence.org/ heallawrence@aol.com https://www.facebook.com/heallawrence.mass

## ¡La Fundación Big Brother Big Sister necesita tu ayuda!



Si tienes ropa usada y pequeños artículos del hogar que ya no usas, dónalos para quienes si los necesitan. Llegaremos a tu puerta para recibir lo que puedas entregar.

Para programar una cita, llama al 1.800.483.5503 o visítanos en nuestra página web en internet: www.bbbsfoundation.org.

Lo que nos entregues ayudará a los niños locales que participan en nuestro programa de tutoría. Debes saber que tu donación es deducible de impuestos.

¡Gracias por tu apoyo!

## Las mujeres de raza negra con hipertensión antes de los 35 años pueden presentar un riesgo tres veces mayor de sufrir un ataque o derrame cerebral



## **Conferencia Internacional** sobre el ataque cerebral de la American Stroke Association 2024, cartel de resúmenes HUP20/ Resumen 101

#### Puntos destacados de la investigación:

- Las mujeres de raza negra que desarrollan hipertensión antes de los 35 años pueden presentar tres veces más probabilidades de sufrir un ataque o derrame cerebral, y las que desarrollan hipertensión antes de los 45 años pueden presentar dos veces más riesgo de sufrir un ataque o derrame cerebral en años posteriores.
- Los hallazgos, procedentes de un estudio realizado en 59,000 mujeres de raza negra en EE. UU., son importantes para ampliar la selección y el tratamiento de la hipertensión arterial en esta población de alto riesgo.
- Los investigadores afirman que los profesionales sanitarios deben estar atentos a la detección y el tratamiento de la hipertensión en las mujeres de raza negra durante toda su vida, en particular durante la edad fértil y tanto antes como al inicio de la madurez.

DALLAS, 1 de febrero de 2024 — Las mujeres de raza negra que desarrollan hipertensión antes de los 35 años y toman medicación para tratarla pueden tener tres veces más probabilidades de sufrir un ataque o derrame cerebral, y las que desarrollan hipertensión antes de los 45 años pueden tener dos veces más riesgo de sufrir un ataque o derrame cerebral, según un estudio preliminar que se presentará en la Conferencia Internacional sobre el ataque cerebral 2024 de la American Stroke Association. La reunión se celebrará en Phoenix, del 7 al 9 de febrero, y es el principal encuentro mundial de investigadores y profesionales sanitarios dedicados a la ciencia del ataque o derrame cerebral y la salud cerebral.

"Esta investigación estuvo motivada por la evidente disparidad que he observado en mi propia práctica. Los ataques o derrames cerebrales se manifiestan cada vez a edades más tempranas entre mis pacientes que son de raza negra y entre las mujeres", afirma el autor principal del estudio, el Dr. Hugo J. Aparicio, profesor asociado de neurología de la Facultad de Medicina Chobanian & Avedisian de la Universidad de Boston. "El ataque o derrame cerebral de aparición temprana, especialmente en la madurez, es aún más trágico porque estos pacientes a menudo tienen familia o son cuidadores de familiares enfermos".

"Además, el ataque o derrame cerebral de aparición precoz a una edad temprana se asocia a un mayor riesgo de muerte, así como a una carga de discapacidad física que crea numerosos problemas a los supervivientes del ataque o derrame cerebral y a sus familias cuando intentan reintegrarse en su vida normal y volver al trabajo",

afirma Aparicio.

Según la actualización de 2024 de las estadísticas sobre enfermedades cardiacas y ataques o derrames cerebrales de la American Heart Association (Asociación Americana del Corazón), la tasa de hipertensión en adultos de raza negro en EE. UU. es de las más altas del mundo. En EE. UU., cerca del 58% de las mujeres de raza negra padecen hipertensión, mientras que el 43% de las mujeres de raza blanca, el 38% de las mujeres de raza asiática y el 35% de las mujeres hispanas padecen hipertensión.

Los investigadores estudiaron cómo el desarrollo de hipertensión arterial en una etapa más temprana de la vida entre las mujeres de raza negra puede influir en el riesgo de sufrir un ataque o derrame cerebral que podría ser incapacitante. Examinaron los datos del Black Women's Health Study, un estudio de 59,000 mujeres de raza negra de diferentes puntos de los EE. UU. a las que se ha realizado un seguimiento desde 1995 a través de cuestionarios cumplimentados una vez cada dos años.

Los investigadores compararon a las participantes con y sin tratamiento para la hipertensión antes de los 45 años, entre los 45 y los 64 años y en intervalos de edad de 10 años entre 1999 y 2019.

El análisis reveló que 1,485 participantes (3,2%) sufrieron un ataque o derrame cerebral durante los 23 años de seguimiento. En comparación con las mujeres de raza negra sin antecedentes de tratamiento de la hipertensión:

- Las mujeres de raza negra que desarrollaron hipertensión arterial y comenzaron el tratamiento de la hipertensión entre los 24 y los 34 años presentaban un riesgo 3.1 veces mayor de sufrir un ataque o derrame cerebral en años posteriores.
- Las mujeres de raza negra que desarrollaron hipertensión y recibieron tratamiento antes de los 45 años presentaban un riesgo 2.2 veces mayor de sufrir un ataque o derrame cerebral.
- Las mujeres de raza negra que padecían hipertensión y recibían tratamiento entre los 45 y los 64 años tenían 1.69 más probabilidades de sufrir un ataque o derrame

"Esperábamos ver una asociación entre tener la tensión alta a una edad más temprana y sufrir un ataque o derrame cerebral durante la madurez y en etapas posteriores de la vida, sin embargo, nos sorprendió y preocupó ver la magnitud de la relación, especialmente en el caso de las mujeres que tomaban medicamentos contra la hipertensión antes de los 35 años", explica

"Este dato fue sorprendente porque tuvimos la capacidad de ajustar o tener en cuenta muchos factores importantes en este estudio longitudinal, incluidos factores clínicos como el tabaquismo, el peso corporal y el estado diabético; y el estado socioeconómico del vecindario, que se calcula utilizando datos de códigos postales. También adaptamos los datos en función de las personas que vivían en determinadas regiones geográficas de EE. UU. donde el ataque o derrame cerebral es más común y donde la mortalidad por ataque derrame cerebral es mayor, principalmente agrupadas en las regiones del sudeste y del Atlántico

medio del país, o el llamado Cinturón del ataque cerebral".

#### **Detalles y antecedentes del estudio:**

- Los datos se extrajeron del Estudio sobre la salud de las mujeres de raza negra (Black Women's Health Study) de 59,000 mujeres de raza negra de diferentes puntos de los EE. UU. a las que se ha realizado un seguimiento desde 1995 a través de cuestionarios cumplimentados una vez cada dos años.
- Las participantes en el estudio tenían entre 24 y 64 años (edad media de 42 años) y no habían sufrido un ataque o derrame cerebral cuando se inscribieron en el estudio.
- En esta investigación se realiza un seguimiento de las participantes desde 1999; las participantes comunicaron si se les había diagnosticado hipertensión y si tomaban algún medicamento antihipertensivo.
- El seguimiento se realizó desde 1999 hasta lo que ocurriera primero: ataque o derrame cerebral, muerte, pérdida de seguimiento o fin del seguimiento del estudio en diciembre de 2019. Los ataques o derrames cerebrales fueron autoinformados una vez cada dos años.

Las limitaciones del estudio incluyen que los investigadores no pudieron obtener los historiales médicos de todas las participantes que declararon haber sufrido un ataque o derrame cerebral, y es posible que no todas las participantes declararan haber sufrido un ataque o derrame cerebral. Aparicio afirmó que los diagnósticos de hipertensión autoinformados demostraron ser fiables en análisis anteriores del Estudio sobre la salud de las mujeres de raza negra.

"Mi esperanza es que se logre persuadir a los profesionales sanitarios para que presten especial atención a la detección y el tratamiento de la hipertensión arterial a lo largo de la vida de las mujeres afroamericanas, por ejemplo durante la etapa fértil y tanto antes como al comienzo de la madurez. Se necesitan cambios en la política sanitaria para que se promueva y financie la prevención primaria, porque cuando una mujer de raza negra sufre un ataque o derrame cerebral en la madurez, a menudo es demasiado tarde", indicó Aparicio.

"Aunque son muchos los factores que contribuyen a que la hipertensión de inicio precoz provoque entre las mujeres de raza negra una alarmante incidencia de ataques o derrames cerebrales, un componente poco estudiado es el impacto acumulativo de múltiples factores psicosociales estresantes que probablemente afectan de forma desproporcionada a las mujeres de raza negra en comparación con las mujeres de otros grupos raciales y étnicos, independientemente de su situación socioeconómica. Es probable que el impacto de estos factores estresantes afecte también a la capacidad de las mujeres de raza negra para recibir y mantener una atención integral", afirmó la ex-presidenta inmediata de la American Heart Association (Asociación Americana del Corazón), Michelle A. Albert, M.D., M.P.H., FAHA, que también es titular de la Cátedra Walter A. Haas-Lucie Stern de Cardiología v profesora de medicina en la Universidad de California en San Francisco, directora del CeNter for the StUdy of AdveRsiTy and CardiovascUlaR DiseasE (NURTURE Center) y decana asociada de admisiones en la Facultad de Medicina de la Universidad de California en San Francisco. El Dr. Albert no participó en este





BY DALIA DÍAZ daliadiaz@rumbonews.com

LÉALO EN ESPAÑOL EN LA PÁGINA 4

# **From My Corner**



## LETTERS TO THE EDITOR RUMBO

315 Mt. Vernon St. Lawrence MA 01843 Email: Rumbo@rumbonews.com

Letters must be less than 300 words in length. Please send a telephone number or email address by which we may confirm the sender.

## **LRA Meeting**

This week, I bring you several examples of how this group (and by default, the City of Lawrence) is 'putting the cart before the horse' by making decisions and spending money that will be wasted. Oh, I'm not an accountant but I do my research and understand that there are steps that MUST be followed when planning anything.

On Wednesday, February 28th, the Lawrence Redevelopment Authority held its monthly meeting and I'm still in the dark regarding some of their discussions, so I won't get into those items until they are clarified on my mind, besides, my presence there was for other reasons.

James Carras, a consultant, and Harvard professor presented on the Urban Renewal Plan Amendment which was discussed during the January 24th meeting. He is representing Patriot's Hydro Lawrence Hydroelectric Project explaining the repairs that need to be made to certain areas of the Lawrence North Canal.

After a few minutes of discussion, I was pleasantly surprised when Attorney Brian Corrigan argued "I don't see why we should pay for it since we don't own them."

As part of my research, I had in my possession several deeds through the history of the canals that I am willing to share with the board members if they so desire. If Attorney Corrigan is aware of that, he doesn't need me to.

That history states that in 1982, then-Mayor Lawrence LeFebre sold 'all its rights and interests to Lawrence Hydroelectric Associates for \$8,000.

Then, in 2006, Merrimac Paper Co., Inc., and Aquamac Corporation, sold for \$1.00 to Lawrence Hydroelectric Associates 'all and any interest they have in and to any mill powers and other rights to waters of the Merrimack River.'

Mr. Carras left the meeting without the answer he was looking for. After all, it will cost the city almost one million dollars to do the repairs he was aiming for.

I am very grateful to Paul Iannuccillo, Registrar of Deeds for the Northern Essex District, and Virginia Perez for their assistance in gathering those documents. Also, Dan McCarthy, who is so knowledgeable of Lawrence's history has been a Land Use Planner for many years and today is Acting Planning Director for the city.

When the meeting ended, the board remained to go to an executive session to discuss a personnel issue. Octavien Spanner, in his capacity as executive director, sent a letter to Attorney Brian Corrigan asking him to resign because he was not satisfied with his performance.

Corrigan sent a letter to the board members and told them the reason for his resignation. That angered some of the members and they aired their feelings during the executive session because it is the board, not the executive director who has authority to do that.

The result was that the board asked Atty. Corrigan to stay, and he agreed to it.

I attend meetings to keep an eye on the progress of the television studio construction. Unfortunately, it remains on the 'old business' section of the agenda and hasn't been discussed.

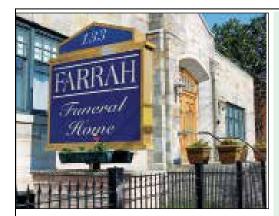
During the last meeting, Mr. Spanner ignored a member's request to discuss points "c" and "d" together, and instead, talked about bills to be paid. I'm not trying to be difficult, but I know that what they are doing isn't legal, and it will ultimately fall on the shoulders of Mayor DePeña.

They've been spending a lot of money on architects who have no experience designing television studios. Last month, the board voted unanimously for this project, but I don't blame them. They haven't done any research or visited a real television studio to understand what is needed. They haven't seen a presentation from someone knowledgeable who could guide them.

I tried to arrange a visit to HC Media in Haverhill and Methuen Community Television to show them beautiful, professional facilities, but no one showed any interest. Meanwhile, elections come and go, and Lawrencians remain unaware of these important issues that could help them make better decisions."

"We don't go into journalism to be popular. It is our job to seek the truth and put constant pressure on our leaders until we get answers."

— Helen Thomas



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# Save the Date: Home Energy Rebates Public Input Session - Update

Dear Stakeholder,

The Department of Energy Resources (DOER) has scheduled a public input session for the Home Efficiency and Electrification Rebate Programs through the Inflation Reduction Act (IRA). This law included funding opportunities for states to implement two energy efficiency rebate programs: Home Efficiency Rebates (Sections 50121) and Home Electrification and Appliance Rebates (Section 50122). The funding for these programs will be awarded through the State Energy Offices, such as DOER.

DOER plans to submit an application for both programs this spring. DOER anticipates receiving \$73,233,910 and \$72,809,130 for each program, respectively. DOER aims to deploy HER and HEAR in such a way as to enhance equitable outcomes while building upon the Commonwealth's existing efforts in building energy efficiency and electrification. In anticipation of our application, DOER will hold a public input session to present a straw proposal for program design and solicit community input on its proposed deployment plans.

Energy Rebates Public Input Session Monday, March 18 at 1-2 pm Zoom

Please register for the Public Input Boston, MA 02114

Session here. The Public Input Session will be recorded and available on our website after the 18th. The agenda for the Input Session will include an overview of the straw proposal and time for verbal public comment. The straw proposal will be posted on our website and circulated to this distribution list before the Public Input Session for review.

In addition to verbal comments during the meeting, DOER appreciates the submission of written comments no later than Monday March 25, 2024 to:

Christina Moroney-Ebarb at.christina. moroney-ebarb@mass.gov. Please include "Energy Rebates" in the subject line of your email. All comments will be posted publicly.

The input from this public session and the written public comment will inform the design of DOER's rebate program application. In addition, to solicit input on the program design, DOER anticipates there will be future opportunities for engagement and community feedback throughout the duration of the DOER rebate program.

Regards,

Ian Finlayson
Deputy Director, Energy Efficiency Division
Massachusetts Department of Energy
Resources

100 Cambridge St. 9th Floor Boston, MA 02114





"La mayoría de nosotros probablemente sentimos que no podríamos ser libres sin los periódicos, y esa es la verdadera razón por la que queremos que los periódicos sean libres."

"Most of us probably feel we couldn't be free without newspapers, and that is the real reason we want newspapers to be free."

Edward R. Murrow



## IN-PERSON CAREGIVER SUPPORT GROUP Wednesdays | 4 p.m. January 17 | February 14 | March 13

Light refreshments will be served.

Bridges\* by EPOCH understands how important it is for families to find a community of support from others who are on similar journeys with memory loss.

If needed, bring your loved one to enjoy an activity with our team. while you attend with other caregivers and:

- Share concerns and successes
- Learn helpful tips to use at home
- Rediscover feelings of peace and comfort

Kindly contact Senior Advisor Susan to RSVP.



**BridgesbyEPOCH.com** 



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MVCC Spring Business Expo, Health and Wellness Fairl

> Wednesday, April 3rd 10:00 AM - 3:00 PM

at Michael's Function Hall!



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Wednesday, April 3rd, 2024

THE PREMIER SPRING BUSINESS EXPO, TRADE SHOW, HEALTH & WELLNESS FAIR!

> Michael's Function Hall 12 Alpha Street, Off Rte 110 Haverhill, MA 10:00 AM - 3:00 PM

The Premier, Most Effective Business Marketing and Networking Opportunity This Year AND Most Affordable With Our "Early Bird" Pricing!

THIS IS YOUR OPPORTUNITY TO EXHIBIT YOUR PRODUCT(S) AND SERVICES TO THE MANY WHO WILL ATTEND AND PARTICIPATE

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- EXTENSIVE MULTIMEDIA ADVERTISING CAMPAIGN
- EXHIBITION DIRECTORY OF PARTICIPANTS IN PRINT AND ON THE MVCC WEBSITE
- . TREE BAFFLES AND DOOR PRIZES
- COMPLIMENTARY BREAKFAST WITH VIP SPEAKER!
- VIP BOT PLATED LUNCHEON WITH VIP SPEAKER!
- · FREE COFFEE & REFRESHMENTS DURING SET UP FOR EXHIBITORS FREE AFTER EXPO NET WORKING RECEPTION MIXER

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