



## Lawrence High School Theater Takes Top Honors at National Performing Arts Festival



(See ad for "Miss Saigon" on Page 7)

(Léalo en español en la página 7)

It was a special February vacation for the Lawrence High School theater program, which returned home from the National Performing Arts Festival at Universal Studios with new additions to the trophy case.

In addition to workshops with Broadway professionals on acting, singing and dancing, 35 LHS students performed a piece from their fall presentation of "In the Heights" and 10 cast members competed in the solo competitions.

As a cast, the Lancers were awarded Ensemble Excellence in Choreography, the Judge's Trophy for High Achievement, and the festival's top honor for highest score – the Showcase Trophy.

In the solo competition, sophomore Carolina Sanchez and senior Kiara Felix each won medals for a Superior Rating; senior Kevin Reyes, Carolina Sanchez and Kiara

Feliz won medals for the Spotlight Awards for Excellence in Performance in the ensemble competition.

"I want to congratulate our performing students, theater coach Laurie Donlan, and the entire LHS community on their success," said LPS Superintendent Ralph Carrero. "They continue to confirm for the rest of the world what all of us in Lawrence have known for a long time – we are home to exceptionally talented and hard-working students who will shine every chance they get."

Lawrence High School Theater is hard at work preparing for its spring presentation of "Miss Saigon" at the LHS Performing Arts Center on April 4, 5, 11 and 12 at 6pm.

Look for ticket details soon on Facebook (Lawrence Public Schools), Instagram at lpseducation, and the Lawrence Public Schools website (www.lawrence.k12.ma.us).

## Raising the Irish flag in Lawrence



(Photo courtesy of Richard Russell)

Mayor Brian DePeña delivers the proclamation to Bill Sullivan and Anne Marie Doherty in commemoration of the raising the the Irish flag in the city. With them are members of the city council Ana Levy and Celina Reyes. Also Registrar Paul Iannuccillo.

There are many photos taken by Richard Russell during the flag raising that will be published next week.

## The Rev. James T. O'Reilly OSA Division Eight Ancient Order of Hibernians

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## Division 8 AOH Lawrence Announces 2025 Award Recipients

## Jasmine Hamilton named Northern Essex Women's Volleyball Coach

Northern Essex Community College Director of Athletics Dan Blair is pleased to announce the hiring of Jasmine Hamilton as the college's new head women's volleyball coach. She will begin her duties on March 10th.

"I can't wait to get started and see what each individual can bring to the team. I'm thankful for the opportunity to be the next volleyball coach at NECC and look forward to not only enhancing the skill set of the players, but to be a positive role model for the student-athletes on and off the court," commented the new coach

Hamilton enjoyed a standout high school playing career at Alvirne High School as an outside hitter where she led the team to multiple appearances in the New Hampshire Division I state tournament and most recently has been a member of the Alvirne coaching staff for the past two seasons.

"I'm thrilled to welcome Jasmine to NECC and excited for her fresh new perspective and leadership for the program. She will be a valuable asset as we continue to build upon the previous successes of the



program," commented Blair.

Hamilton currently teaches biology and anatomy at Lowell High School and is a graduate of UMass-Lowell where she graduated summa cum laude with a bachelor of science in biology. She stays active in the sport playing in recreation leagues throughout the region. Jasmine currently resides in Windham, NH.

## City Clerk Announces Haverhill 2025 "Top Dog" Contest Winners



# Riverwalk Innovation District patrocina Recolección de sillas de ruedas en marzo

Riverwalk Innovation District en Lawrence, Massachusetts, está organizando una colecta de sillas de ruedas durante todo el mes de marzo en nombre del programa "Wheels for the World" de Joni and Friends.

El equipo de Riverwalk recolectará sillas de ruedas manuales, para adultos y pediátricas y reposapiés para sillas de ruedas. Las sillas de ruedas se pueden dejar en Lupoli Companies Marketing Studio, 290 Merrimack Street, en el segundo piso.

Todas las sillas de ruedas recolectadas se transportarán a los centros de restauración de Wheels for the World, que se encuentran en centros penitenciarios y son donde los reclusos restauran las sillas de ruedas para dejarlas como nuevas. Luego, las sillas de ruedas se envían a países de bajos recursos en todo el mundo. Luego, equipos compuestos por fisioterapeutas voluntarios y mecánicos de sillas de ruedas adaptan cada silla de ruedas a cada destinatario y brindan capacitación sobre el mantenimiento de la silla de ruedas. Los miembros del equipo también le presentan a cada individuo una

Biblia y el mensaje del Evangelio. El don de la movilidad y la esperanza de salvación cambiarán las vidas de estas personas y sus familias para siempre.

Para organizar la entrega de una silla de ruedas, comuníquese con:

Christie Cartwright  
Riverwalk Innovation District  
978.681.7777  
ccartwright@lupolico.com

Se proporcionarán recibos deducibles de impuestos.

Se estima que cada año se desechan 75,000 sillas de ruedas en los Estados Unidos, mientras que 20 millones de personas en todo el mundo necesitan desesperadamente una silla de ruedas. Usted puede marcar la diferencia al brindar el don de la movilidad a personas discapacitadas en países con menos recursos. Wheels for the World, un ministerio de Joni and Friends, proporciona una silla de ruedas gratuita, junto con el Evangelio de Jesucristo a niños y adultos afectados por alguna discapacidad.



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## Riverwalk Innovation District Sponsors March Wheelchair Drive

Riverwalk Innovation District in Lawrence, Massachusetts is holding a wheelchair drive for the entire month of March on behalf of the Joni and Friends "Wheels for the World" program.

The team at Riverwalk will collect manual, adult and pediatric wheelchairs and wheelchair foot-rests. Wheelchairs can be dropped off at Lupoli Companies Marketing Studio, 290 Merrimack Street on the second floor.

All wheelchairs collected will then be transported to Wheels for the World Restoration Centers, which are located in correctional facilities and are where inmates restore the wheelchairs to like-new condition. The wheelchairs are then shipped to low-resource countries around the world. Teams made up of volunteer physical therapists and wheelchair mechanics then fit each wheelchair to every recipient and provide training in the wheelchair's maintenance. Team members also pre-sent

each individual with a Bible and the Gospel message. The gift of mobility and the hope of sal-vation will change the lives of these individuals and their families forever.

To arrange for a wheelchair drop off, contact:

Christie Cartwright  
Riverwalk Innovation District  
978.681.7777  
ccartwright@lupolico.com

Tax deductible receipts will be provided. Each year, an estimated 75,000 wheelchairs are thrown away in the United States, while 20 million people worldwide desperately need a wheelchair. You can make a difference by providing the gift of mobility to disabled people in less resourced countries. Wheels for the World, a ministry of Joni and Friends, provides a free wheelchair, along with the Gospel of Jesus Christ to children and adults affected by disability.

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## Melix Bonilla jefe interino del Dept. de Policía se reúne con el jefe de policía de Nashua, Kevin Rourke para fortalecer colaboración policial transfronteriza

El Jefe interino Melix Bonilla se reunió con el Jefe de Policía de Nashua, New Hampshire, Kevin Rourke, como parte de una iniciativa estratégica de colaboración transfronteriza destinada a mejorar los esfuerzos de seguridad pública entre las dos ciudades. Esta iniciativa surge de una reunión reciente entre la Gobernadora de New Hampshire, Kelly Ayotte, y el Alcalde de Lawrence, Brian A. DePeña, en la Casa del Estado en Concord, New Hampshire, donde ambos líderes reafirmaron su compromiso con la seguridad regional y la prevención del delito.



Durante la reunión, los funcionarios encargados de hacer cumplir la ley analizaron una serie de estrategias de cooperación para abordar las preocupaciones compartidas en materia de seguridad pública, incluidos los esfuerzos para combatir el tráfico de drogas y armas de fuego, la actividad de las pandillas y otras actividades delictivas que afectan a las comunidades de ambos lados de la frontera.

Acompañando al jefe interino Bonilla estuvieron el capitán de la división de detectives Harold Rogers, el supervisor de la unidad de narcóticos y pandillas, el sargento Joseph Beaulieu, y la directora de análisis de delitos, Alyssa Coco. Su participación subraya el compromiso del Departamento de Policía de Lawrence con la aplicación de la ley basada en datos y el intercambio de inteligencia para combatir el crimen organizado y garantizar la seguridad de la comunidad.

Esta asociación transfronteriza representa un paso proactivo para fomentar una colaboración interinstitucional más sólida, mejorar el intercambio de inteligencia e implementar estrategias conjuntas para proteger a los residentes tanto de Lawrence como de Nashua. La Ciudad de Lawrence sigue comprometida a trabajar junto con las agencias policiales regionales y estatales para construir comunidades más seguras a través de esfuerzos coordinados de aplicación de la ley y prevención.

## Acting Chief Melix Bonilla Meets with Nashua Police Chief Kevin Rourke to Strengthen Cross-Border Law Enforcement Collaboration

Acting Chief Melix Bonilla met with Nashua, New Hampshire, Police Chief Kevin Rourke as part of a strategic cross-border collaboration initiative aimed at enhancing public safety efforts between the two cities. This initiative stems from a recent meeting between New Hampshire Governor Kelly Ayotte and Lawrence Mayor Brian A. DePeña at the State House in Concord, New Hampshire, where both leaders reaffirmed their commitment to regional security and crime prevention.

During the meeting, law enforcement officials discussed a range of cooperative strategies to address shared public safety concerns, including efforts to combat drug and firearms trafficking, gang activity, and other criminal enterprises that impact communities on both sides of the border.

Accompanying Acting Chief Bonilla

were Detective Division Captain Harold Rogers, Narcotics and Gang Unit Supervisor Sgt. Joseph Beaulieu, and Crime Analyst Director Alyssa Coco. Their participation underscores the Lawrence Police Department's commitment to data-driven enforcement and intelligence-sharing in tackling organized crime and ensuring community safety.

This cross-border partnership represents a proactive step in fostering stronger interagency collaboration, enhancing intelligence-sharing, and implementing joint strategies to safeguard residents in both Lawrence and Nashua. The City of Lawrence remains dedicated to working alongside regional and state law enforcement agencies to build safer communities through coordinated enforcement and prevention efforts.

## Alcalde Brian A. DePeña promueve dos oficiales a tenientes y dos a capitanes

El Alcalde Brian A. DePeña anunció con orgullo el ascenso de dos nuevos tenientes de policía y dos nuevos capitanes de policía dentro de este Departamento en Lawrence. Los sargentos William Olivieri y Robert Moody han sido ascendidos a tenientes, mientras que los tenientes Joseph Cerullo y Harold Rogers han sido elevados al rango de capitanes.

Durante la ceremonia de ascenso, el Alcalde DePeña expresó su gratitud y felicitaciones a los cuatro oficiales, reconociendo su dedicación y servicio.

También extendió su agradecimiento a sus familias, reconociendo los sacrificios que hicieron sus seres queridos en apoyo de quienes prestan servicio en las fuerzas del orden.

El jefe provisional Melix Bonilla también se dirigió a los asistentes y agradeció al alcalde por su apoyo y por facilitar estas promociones. Elogió el trabajo excepcional del Departamento de Policía de Lawrence y los calificó como los oficiales más trabajadores del estado.



## Mayor Brian A. DePeña promotes two new police lieutenants and two new police captains

Mayor Brian A. DePeña proudly announced the promotion of two new Police Lieutenants and two new Police Captains within the Lawrence Police Department. Sergeants William Olivieri and Robert Moody have been promoted to Lieutenant, while Lieutenants Joseph Cerullo and Harold Rogers have been elevated to the rank of Captain.

During the promotion ceremony, Mayor DePeña expressed his gratitude and congratulations to the four officers,

recognizing their dedication and service. He also extended his appreciation to their families, acknowledging the sacrifices made by loved ones in support of those who serve in law enforcement.

Provisional Chief Melix Bonilla also addressed attendees, thanking the Mayor for his support in facilitating these promotions. He praised the exceptional work of the Lawrence Police Department, calling them the hardest-working officers in the Commonwealth.



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## Mayor DePeña & Community Devel. secure \$1.29m Department of Justice grant for opioid response

Lawrence, (March 06, 2025) - Mayor Brian A. DePeña is pleased to announce that the Community Development Department has been approved for the grant award of \$1,298,760 Million Dollars for the City of Lawrence. These funds were awarded by the Department of Justice (DOJ) Office of Justice Programs Bureau of Justice Assistance in Washington, D.C., to leverage the current work in the City of Lawrence of the Opioid Funds.

Under the leadership of Mayor DePeña, and Awilda Pimentel, Director of the Office of Planning and Community Development, the department is collaborating closely with the Lawrence Police Department and community partners to implement a comprehensive strategy addressing prevention, treatment, harm reduction, and youth outreach.

The funding comes through the Comprehensive Opioid, Stimulant, and Substance Use Site-Based Program (COSSUP), which provides financial and technical assistance to state, local, and tribal governments. The program aims to enhance community responses to substance use disorders, focusing on identification, intervention, treatment, and long-term support for those affected by illicit opioids,

stimulants, and other drugs.

“The opioid crisis has impacted too many families in our city. This funding is a major step forward in expanding the resources available to those struggling with substance use disorder,” said Mayor DePeña. “By working together with law enforcement, public health experts, and community organizations, we are committed to providing the support and solutions needed to save lives and strengthen our neighborhoods.”

The opioid epidemic continues to devastate communities across the nation, with increasing challenges from stimulant and illicit substance use. Responding to this public health emergency remains a top priority for the Department of Justice, and through this grant, the City of Lawrence will continue to expand its efforts to combat addiction and its effects on the community.

COSSUP emphasizes collaboration among public health, behavioral health, and public safety sectors, ensuring a coordinated response that leverages the expertise of all stakeholders. The City of Lawrence is committed to implementing evidence-based strategies that support individuals, families, and the broader community in the fight against substance use disorders.

## Alcalde DePeña y el Dept. de Desarrollo Comunitario anuncian subvención de \$1,29 millones del Departamento de Justicia para respuesta a los opioides

Lawrence, (6 de marzo de 2025) - El Alcalde Brian A. DePeña se complace en anunciar que el Departamento de Desarrollo Comunitario ha sido aprobado para la concesión de una subvención de \$1,298,760 millones de dólares para la Ciudad de Lawrence. Estos fondos fueron otorgados por la Oficina de Programas de Justicia del Departamento de Justicia (DOJ) de la Oficina de Asistencia Judicial en Washington, DC, para aprovechar el trabajo actual en la Ciudad de Lawrence de los Fondos de Opiáceos.

Bajo el liderazgo del Alcalde DePeña y Awilda Pimentel, Directora de la Oficina de Planificación y Desarrollo Comunitario, el departamento está colaborando estrechamente con el Departamento de Policía de Lawrence y socios comunitarios para implementar una estrategia integral que aborde la prevención, el tratamiento, la reducción de daños y la asistencia a los jóvenes.

La financiación se realiza a través del Programa Integral de Atención en Sitios para el Uso de Opiáceos, Estimulantes y Sustancias (COSSUP), que brinda asistencia financiera y técnica a los gobiernos estatales, locales y tribales. El programa tiene como objetivo mejorar las respuestas de la comunidad a los trastornos por uso de sustancias, centrándose en la identificación, la intervención, el tratamiento y el apoyo a largo plazo para las personas afectadas por opioides, estimulantes y otras drogas ilícitas.

“La crisis de los opioides ha afectado a demasiadas familias en nuestra ciudad. Esta ayuda es un gran paso adelante para ampliar los recursos disponibles para quienes luchan contra el trastorno por consumo de sustancias”, dijo el Alcalde DePeña. “Al trabajar junto con las fuerzas del orden, los expertos en salud pública y las organizaciones comunitarias, nos comprometemos a brindar el apoyo y las soluciones necesarias para salvar vidas y fortalecer nuestros vecindarios”.

La epidemia de opioides continúa devastando comunidades en todo el país, con desafíos cada vez mayores derivados del consumo de estimulantes y sustancias ilícitas. Responder a esta emergencia de salud pública sigue siendo una prioridad principal para el Departamento de Justicia y, a través de esta subvención, la ciudad de seguirá ampliando sus esfuerzos para combatir la adicción y sus efectos en la comunidad.

COSSUP enfatiza la colaboración entre los sectores de salud pública, salud conductual y seguridad pública, garantizando una respuesta coordinada que aproveche la experiencia de todas las partes interesadas. La Ciudad de Lawrence está comprometida con la implementación de estrategias basadas en evidencia que apoyen a las personas, las familias y la comunidad en general en la lucha contra los trastornos por consumo de sustancias.

“Aléjate de aquellas personas que intentan menospreciar tus ambiciones. Las mentes pequeñas siempre harán eso, pero las mentes grandes te darán la sensación de que tú también puedes llegar a ser grande”.

\*\*\*\*\*

"Stay away from those people who try to disparage your ambitions. Small minds will always do that, but great minds will give you a feeling that you can become great too."

- Mark Twain

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# Lawrence General y Holy Family Hospitals dan la bienvenida al asesor general Juan Bellido, Esq.

*El abogado Bellido se incorpora al sistema de salud regional con 30 años de experiencia en el sector de la atención médica.*

Lawrence General y Holy Family Hospitals (Methuen y Haverhill) recientemente dieron la bienvenida al nuevo asesor general Juan Bellido, Esq., a su sistema de salud regional para supervisar los asuntos legales y de cumplimiento de la organización.

Con más de tres décadas de experiencia, Bellido aporta una amplia experiencia operativa al sistema, particularmente en el sector de la atención médica. A lo largo de su carrera, Bellido ha trabajado en diversas funciones con proveedores de atención médica, agencias reguladoras, empresas privada y pagadores.

Antes de llegar a Lawrence General y Holy Family, pasó 13 años en Lifespan Corporation (ahora Brown University Health), donde trabajó en estrecha colaboración con la alta gerencia y el liderazgo clínico como abogado transaccional, de supervisión regulatoria y designado para el personal médico. Anteriormente, ocupó funciones similares en Partners HealthCare (ahora MassGeneral Brigham) y, más recientemente, en Humana, donde trabajó con su equipo de atención administrada en la implementación de nuevos servicios



para miembros y brindó asesoramiento a sus servicios de salud a domicilio.

Bellido tiene una licenciatura de la Universidad de Harvard y un título en derecho de la Facultad de Derecho de la Universidad de Suffolk.

## Acerca de Lawrence General Hospital y Holy Family Hospital

Lawrence General Hospital y Holy Family Hospital son un sistema de atención médica regional de 469 camas que atiende a 19 comunidades en todo el gran valle de Merrimack en Massachusetts y el sur de New Hampshire. Los hospitales, que se asociaron el 1 de octubre de 2024, tienen campus en Lawrence, Methuen y Haverhill, Massachusetts, y ofrecen servicios integrales para pacientes hospitalizados y ambulatorios, que incluyen atención cardíaca, atención oncológica, ortopedia, servicios materno-infantiles y servicios especializados como medicina del sueño, medicina hiperbárica y de heridas y salud conductual. Juntos, atienden más de 126.000 visitas al

departamento de emergencias al año, con atención de emergencia las 24 horas, los 7 días de la semana en los tres campus. Esto incluye un Centro de Trauma de Nivel III designado en el Lawrence General Hospital, uno de los Departamentos de Emergencia más activos de Massachusetts. Además, Lawrence General es líder en la región en atención cardíaca, ya que alberga el centro cardiovascular más acreditado del estado.

El Holy Family Hospital es reconocido por su excepcional atención psiquiátrica geriátrica y sus reconocidos servicios de maternidad, incluido su Centro de Maternidad y su Guardería de Cuidados Especiales de Nivel II. Para obtener más información, visite [LawrenceGeneral.org](http://LawrenceGeneral.org) y [HolyFamilyHospital.org](http://HolyFamilyHospital.org)

## Lawrence General, Holy Family Hospitals Welcome General Counsel Juan Bellido, Esq.

*Attorney Bellido joins regional health system with 30 years of experience in health care sector.*

Lawrence General and Holy Family Hospitals (Methuen and Haverhill) recently welcomed new General Counsel Juan Bellido, Esq., to their regional health system to oversee legal and compliance matters for the organization.

With more than three decades of experience, Bellido brings extensive operational expertise to the system, particularly in the health care sector. Throughout his career, Bellido has worked in various capacities with health care providers, regulatory agencies, private firms, and payors.

Prior to coming to Lawrence General and Holy Family, he spent 13 years at Lifespan Corporation (now Brown University Health), where he worked closely with senior management and clinical leadership as a transactional, regulatory oversight, and designated medical staff attorney. He held similar roles earlier in his career at Partners HealthCare (now MassGeneral Brigham), and more recently, at Humana, where he worked with their managed care team on deploying new member services and provided counsel to their home health services.

Bellido holds an undergraduate degree from Harvard University and a law degree from Suffolk University Law School.

## About Lawrence General Hospital and Holy Family Hospital

Lawrence General Hospital and Holy Family Hospital are a 469-bed regional health care system serving 19 communities throughout the greater Merrimack Valley in Massachusetts and southern New Hampshire. The hospitals, which partnered on Oct. 1, 2024, have campuses in Lawrence, Methuen and Haverhill, Mass., offer comprehensive inpatient and ambulatory services, including heart care, cancer care, orthopedics, maternal and child services, and specialty services such as sleep medicine, wound and hyperbaric medicine, and behavioral health.


Together, they care for more than 126,000 emergency department visits annually, with 24/7 emergency care at all three campuses. This includes a designated Level III Trauma Center at Lawrence General Hospital, one of the busiest Emergency Departments in Massachusetts. Additionally, Lawrence General leads the region in cardiac care, housing the state's most highly accredited cardiovascular center.

Holy Family Hospital is recognized for its exceptional geriatric psychiatry care and renowned maternity services, including its Birthing Center and Level II Special Care Nursery. For more information, visit [LawrenceGeneral.org](http://LawrenceGeneral.org) and [HolyFamilyHospital.org](http://HolyFamilyHospital.org)

"Love and compassion are necessities, not luxuries. Without them, humanity cannot survive."

"El amor y la compasión son necesidades, no lujos. Sin ellos, la humanidad no podrá sobrevivir."

Dalai Lama



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# El teatro de Lawrence High School obtiene los máximos honores en el Festival Nacional de Artes Escénicas

Además de los talleres con profesionales de Broadway sobre interpretación, canto y baile, 35 estudiantes de LHS interpretaron una pieza de su presentación de otoño de «In the Heights» y 10 miembros del reparto compitieron en las competiciones de solistas.

Como elenco, los Lancers fueron galardonados con el Premio a la Excelencia Coreográfica en Conjunto, el Trofeo del Jurado al Alto Rendimiento y el máximo galardón del festival por la puntuación más alta: el Trofeo Showcase.

En la competición de solistas, Carolina Sánchez, estudiante de segundo año, y Kiara Felix, estudiante de último año, ganaron medallas por una Calificación Superior; Kevin Reyes, estudiante de último año, Carolina Sánchez y Kiara Felix ganaron medallas por los Premios Spotlight a la Excelencia en Interpretación en la competición de conjunto.

"Quiero felicitar a nuestros estudiantes de interpretación, a la entrenadora de teatro Laurie Donlan y a toda la comunidad de LHS por su éxito," dijo el superintendente de LPS, Ralph Carrero. "Siguen confirmando al resto del mundo lo que todos nosotros en Lawrence sabemos desde hace mucho tiempo: somos el hogar de estudiantes excepcionalmente talentosos y trabajadores que brillarán cada vez que tengan la oportunidad."

El teatro de la escuela secundaria Lawrence High School está trabajando duro para preparar su presentación de primavera de «Miss Saigon» en el Centro de Artes Escénicas de la LHS los días 4, 5, 11 y 12 de abril a las 6pm.

Busque pronto los detalles de las entradas



Fueron unas vacaciones de febrero especiales para el programa de teatro de Lawrence High School, que regresó a casa del Festival Nacional de Artes Escénicas en Universal Studios con nuevas incorporaciones a la vitrina de trofeos.

en Facebook (Lawrence Public Schools), Instagram en lpseducation y en el sitio web de las escuelas públicas de Lawrence (www.lawrence.k12.ma.us).

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School Edition

Lawrence High School  
Performing Arts Center

April 4<sup>th</sup>, 5<sup>th</sup>, 11<sup>th</sup> and 12<sup>th</sup>

6:00PM

Sponsored By  
 Mass Cultural Council

# El alcalde Brian DePeña reconoce a 27 mujeres en conmemoración del Día Internacional de la Mujer

El Alcalde Brian DePeña, junto con la delegación estatal, los jefes de departamentos y los concejales de la ciudad, reconocieron a 27 damas por sus años de dedicación y contribuciones a la Ciudad de Lawrence. La ceremonia, celebrada en el ayuntamiento de esta ciudad, fue parte de la celebración del Día Internacional de la Mujer, el cual se celebra cada 8 de marzo.

Las homenajeadas han desempeñado un papel fundamental en el fortalecimiento

de la comunidad a través de su arduo trabajo y compromiso en diversos campos. Este reconocimiento destaca su impacto duradero y el reconocimiento de la ciudad por sus esfuerzos.

“Estamos orgullosos de honrar a estas increíbles mujeres que se han dedicado a hacer de Lawrence un lugar mejor”, dijo el Alcalde DePeña. “Sus contribuciones son invaluable y hoy celebramos su dedicación y perseverancia”.



## Mayor Brian DePeña honors 27 women in celebration of International Women’s Day

Mayor Brian DePeña, alongside the State Delegation, Department Heads, and City Councilors, recognized 27 women for their years of dedication and contributions to the City of Lawrence. The ceremony, held at Lawrence City Hall, was part of the city's celebration of International Women's Day, which is celebrated every March 8.

The honorees have played vital roles in strengthening the community through their

hard work and commitment in various fields. This recognition highlights their lasting impact and the city's appreciation for their efforts.

“We are proud to honor these incredible women who have devoted themselves to making Lawrence a better place,” said Mayor DePeña. “Their contributions are invaluable, and today, we celebrate their dedication and perseverance.”



### Mujeres Homenajeadas / Women Honored

- Marlene Checo, Budget & Finance
- Nylsa Caraballo, Veterans Services Dept.
- Laura Alefantis, Council on Aging
- Lisa Mondugo, Council on Aging
- Lynda Buote, MassHire
- Maggie Medin, Traffic Control
- Stacy Fisher, Police
- Odanis Hernández, School Department
- Ericka Liverett, Water Department
- Rosa Felix, Water Department
- Giselle Encarnación, Library
- María Cruz, School Department
- Marisol Colón, Community Dev.
- Lynn Tran, Finance Department
- Noelia Rosario, Library
- María Caba, Police
- Annette Guzmán, School Department
- Roberta Schneider, School Department
- Tracy Jones, School Department
- Tracy Myszkowski, MassHire
- Frances Ord, School Department
- Joanne Berube, School Department
- Migdalia Pomales, School Department
- Altagracia Paredes, School Department
- Heather Abreu, School Department
- Lynne Beauchesne (Parrino), School Dept.
- Patricia Sharpe, School Department
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**¡Gracias por tu apoyo!**



## The Rev. James T. O'Reilly OSA Division Eight Ancient Order of Hibernians Post Office Box 1407

**Organized 1871 Lawrence, Massachusetts 01842**  
"154 Years of Dedication to Religion, Heritage, Charity and Community"

### Division 8 AOH Lawrence Announces 2025 Award Recipients

The Rev. James T. O'Reilly OSA Division 8 Ancient Order of Hibernians has announced the names of their 2025 Award Recipients. The Most Reverend Robert P. Reed, who serves as an Auxiliary Bishop for the Archdiocese of Boston and is the president of the Catholic Television network has been selected as the 2025 recipient of the Richard Cardinal Cushing Award, and Michael Greenler of Methuen, and twenty plus year member of Division 8 AOH, has been selected, as Division 8's 2025 Irishman of the Year. Both of these awards will be presented at the 153rd Annual Saint Patrick's Day Banquet and Dance on Saturday evening, March 1, 2025, at the Lawrence Lodge of Elks, 652 Andover Street in Lawrence. Anyone interested in attending this Dinner Dance and award presentations on March 1, should contact Dinner Dance Chairman Jeff Sullivan @ 603 479 5395.

Patricia Mariano, a lifelong Lawrencian, educator, principal and Lawrence School Committee member, has been selected as the recipient of Division 8's 2025 Hon. John E. Fenton Citizenship Award. The Fenton Award will be presented at Division 8's 55th Annual Saint Patrick's Day Luncheon on Friday, March 14, 2025, at the Lawrence Lodge of Elks, 652 Andover Street, Lawrence, MA at Noon. Anyone interested in attending this event should contact the Luncheon Chairman Jack Lahey at 603 560 8192.

The Richard Cardinal Cushing Award, which is named after the late Catholic Irish prelate who died in November 1970, and was first presented in 1974 to the Honorable John F. McCormack of Massachusetts, then Speaker of the House of Representatives in Washington, DC. This award is awarded to an Irish Catholic of high moral character who exemplifies the characteristics of the late Richard Cardinal Cushing. The individual may be a man or woman, who through their life endeavors demonstrates in their daily lives the qualities

of what an exemplary Irish Catholic should be.

The Hon. John E. Fenton Citizenship Award was established in 1975 to honor the late Judge John E. Fenton who passed in August 1974. Judge Fenton, who was a member of Division 8, went on to serve two terms as National President of the Ancient Order of Hibernians. This award is awarded to a man, woman, or organization, without regard to their religious, or ethnic background, who has contributed in an outstanding manner to betterment of the Greater Lawrence and Merrimack Valley area. The Honorable John E. Fenton Citizenship Award was first awarded to the late Irving E. Rogers, then publisher and owner of the Lawrence Eagle Triune. The Irishman of the Year Award, which is the highest award the Division can bestow on a member, was established in 1964 and is presented annually to a member of Division 8 AOH for his outstanding service, dedication, and contributions to Hibernianism and Division 8. The first recipient of this award was the late Patrick Scanlon of Lawrence, Massachusetts.

The Rev. James T. O'Reilly OSA Division Eight AOH in Lawrence, Massachusetts was founded on November 5, 1871, and for the past 154 years has helped preserve Irish culture, history, and traditions in a multifaceted way. The talents of its members have been recognized beyond the borders of the Lawrence area. The Men's Division has produced two National Presidents, and the Ladies Division one. In addition to these three National Presidents, three members have served as National Directors of the Order. Several members have gone on to serve in elected and appointed positions on the National, State and County Boards. At the present time, one member of Division 8 serves on the AOH National Board, four on the Massachusetts AOH State Board and three on the AOH Essex County Board.



Rev. James T. O'Reilly OSA Division Eight  
Ancient Order of Hibernians  
Lawrence, Massachusetts

"154 Years of Dedication to Religion, Heritage, Charity and Community"

Irish Heritage Month March 2025

Lawrence, Massachusetts

Preserving and Fostering our Heritage and Culture

**Saturday, March 1, 2025 – 154th SAINT PATRICK'S DAY BANQUET AND DANCE** at the Lawrence Lodge of Elks, 652 Andover Street, Lawrence, MA. Traditional Corned Beef & Cabbage Dinner by Simply Elegant Catering with dancing to the **Silver Spears Irish Show Band** from 6 pm – 11 pm – Awarding of the Richard Cardinal Cushing, Irishman & Irishwoman of the Year Awards. For more information contact Jeff Sullivan by email at [jsullivan1@comcast.net](mailto:jsullivan1@comcast.net) or you may text or call him @ 603 479 5395. Sponsored by Division 8 AOH – **Handicap Accessible**

**Sunday, March 2, 2025 - ANNUAL Wild Rover 4 MILE Classic ROAD RACE - 11 am**, at the Lawrence Lodge of Elks 652 Andover Street, Lawrence, MA (rain or shine) – This event is being set up by the Wild Rover Series.

**Sunday, March 2, 2025 - OPENING RECEPTION and EXHIBIT "The Rev. James T. O'Reilly and his Contributions to Lawrence and Beyond"** – **WHITE FUND LECTURE** - with the **Rev Patrick Armano**, who will speak on the **Life of the Rev. James T. O'Reilly OSA and his contributions to Greater Lawrence** - at Lawrence Heritage State Park Visitors Center, 1 Jackson St, Lawrence, MA @ 2 pm Sponsored by Division 8 AOH (FREE) – **Handicap Accessible**

**Monday, March 3, 2025 - IRISH FLAG RAISING** Across from City Hall – Common St. @ **11 a.m.**

**Sunday, March 9, 2025 – WHITE FUND LECTURE – by Professor Richard Padova, M. ED, M.A on "A Geographical Look at Ireland"** at Lawrence Heritage State Park Visitors Center, 1 Jackson St., Lawrence, MA @ 2 pm. (FREE) - **Handicap Accessible**

**Wednesday, March 12, 2025 - AOH NATIONAL HUNGER MONTH FOOD DRIVE:** Please consider donating canned goods and non-perishable food items. All food items received will be donated to a local food pantry. **TIME: 6 pm – 7:00 pm** at the Lawrence Lodge of Elks, 652 Andover Street, Lawrence MA. Sponsored by Division 8 AOH – **Handicap Accessible**

**Friday, March 14, 2025 – 54th ANNUAL SAINT PATRICK'S DAY LUNCHEON** at the Lawrence Lodge of Elks, 652 Andover Street, Lawrence, MA Traditional Corned Beef and Cabbage Dinner by Simply Elegant Catering with entertainment by the **Silver Spears Irish Show Band** at **NOON**. Awarding the Honorable John E. Fenton Citizenship Award - For more information contact Jack Lahey at 603 560 8192. Sponsored by Division 8 AOH – **Handicap Accessible**

**Sunday, March 16, 2025 – WHITE FUND LECTURE – with Maine Author, – Michael Connolly**, who will discuss his book, **"Ever the Twain Shall Meet"**- at Lawrence Heritage State Park Visitors Center, 1 Jackson Street, Lawrence, MA @ 2 pm Sponsored by Division 8 AOH (FREE) - **Handicap Accessible**

**Monday March 17, 2025 – HAPPY SAINT PATRICK'S DAY!** – Enjoy this grand day with family and friends listening to Irish Music, stories, and laughter at home with family and friends or at your favorite restaurant!

**Saturday, March 22, 2025 - IRISH FILM FESTIVAL** at Lawrence Heritage State Park Visitors Center, 1 Jackson St, Lawrence MA @ **10 am**. Sponsored by Division 8 AOH (FREE) – **Handicap Accessible**

**Sunday, March 23, 2025 - JOIN PIANIST TERRI KELLEY AND VOCALIST BILL DONELAN FOR AN ALL-NEW PROGRAM OF CELTIC MELODIES - FROM ANCIENT GAELIC AIRES TO CURRENT SONGS** - at the Lawrence Public Library, Sargent Auditorium, 51 Lawrence St., Lawrence, MA @ **2 pm** Presented by Division 8 (FREE) – **Handicap Accessible**

**Sunday, March 30, 2025 - EXHIBIT CLOSES "The Rev. James T. O'Reilly and his Contributions to Lawrence and Beyond"** at Lawrence Heritage State Park Visitors Center, 1 Jackson St, Lawrence (FREE) – **Handicap Accessible**

The Rev. James T. O'Reilly OSA Division Eight AOH was founded on November 5, 1871. The Division yearly hosts numerous social events and activities, and has scholarship opportunities for members, the children and grandchildren of members on the high school and college level, including a scholarship for study in Ireland. Division 8 meets at the Lawrence Lodge of Elks, 652 Andover Street, Lawrence, MA, on the second Wednesday of the month. **For information on AOH Membership please write to: Division 8 AOH Organizer, PO Box 1407, Lawrence, MA**

IRISH HERITAGE MONTH 2025 IS SPONSORED BY THE ANCIENT ORDER OF HIBERNIANS DIVISION 8

Irish Heritage Month 2025 is supported in part by a grant from the Lawrence Cultural Council, a local agency, which is supported by the Massachusetts Cultural Council, a state agency.



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# Sports with Northern Essex Community College

By Dan Blair, Director of Athletics

## Baseball splits season opening double header with Dean College

Lynn, MA (March 1, 2025) – The Northern Essex Community College baseball team, ranked #8 in the NJCAA preseason poll split a season opening double header against NCAA Division III Dean College on Saturday afternoon at Fraser Field in Lynn.

In the opening game Dean, grabbed a 5-1 victory before the Knights bounced back in game two to take a 7-5 victory.

In game one, Dean grabbed a 5-0 lead after four innings, scoring in the first and fourth innings. The Knights scored their lone run in the final inning.

Mike Geissler (Peabody) got the start for the Knights, striking out five and walking five in three innings of work allowing two runs (one earned) on two hits.

Larsen Birch (Painting Post, NY) and Enger Paulino (Dudley, MA) would close out the games final four innings combining for eight strikeouts and not issuing walk, while Dean would score three runs on four hits.

The Knights were outhit in game one seven to four and scored their lone run in the bottom of the seventh. Brendan Keefe (Marblehead), who entered as a pinch

runner, scored on a one out line drive back up the middle from Mark McKay (Plymouth).

In game two, Jack Kelleher (Haverhill) made his collegiate debut on the mound and struck out seven in four innings of work, allowing one run on one hit and issuing two walks.

At the plate, the Knights jumped out to 4-0 lead after the first inning. Jera Sena (Boston) started the inning with a one out single and scored following three straight walks. Michael Fabiano (Reading) drove in a pair of runs on a base hit to left field and Luke Martinho (Lynnfield) drove in the final run of the inning base hit to the left side of the infield.

The Knights added single runs in the fourth, fifth and sixth innings on RBI base hits from Jacob Carter (Reading), Martinho and Manny Castro (Manchester, NH).

The Knights will return to the field next Saturday when they travel to New Jersey to take on Sussex Community College in their final tune up prior to heading south for ten games over the spring break

## Survive and Advance: Men's basketball holds off Bristol in OT, advances to fourth straight title game

Warwick, RI (March 1, 2025) – The top seeded and #8 nationally ranked NECC men's basketball team survived an overtime scare from fourth seeded Bristol Community College on Saturday, but would eventually hold off the Bayhawks with a 93-85 overtime victory. The win improves the Knights record to 27-3 on the season and send the team Knights to their fourth straight Region 21/East District championship game.

Sunday's championship will tip at 3:15pm and the Knights will take on the winner of tonight's second semi-final between Bunker Hill and Quincy.

In a tightly contested game throughout, the Knights would open a first half team of as much as 11, but the game would remain close throughout with NECC take a nine point advantage to the locker room at halftime 42-33.

The game was tied at 52 with just over 12 minutes remaining, NECC would hold a seven point advantage 65-58 at the under

eight timeout but the Bayhawks would not go away and would force overtime with the score tied at 75. Christian Sanders (Boston) blocked a Bristol drive to the paint with two seconds remaining in regulation that would lead to overtime.

Ryan Pacy (Salem, NH) would be the man of the hour in overtime as he scored eight of his 16 points in the game during the extra session.

Alejandro Delgado (Haverhill) was the Knights high scorer in the contest with 20 points. Joendy Rosario (Lawrence) added 14 points off the bench to give NECC three scorers in double figures.

Sanders scored nine second half points and grabbed nine rebounds while Yuno Matsuda (Tokyo, JP) handed out five assists.

The Knights will be looking to become the first Region 21 team to win three consecutive regional titles in 37 years, when Mattatuck (CT) achieved the feat from 1986-88.

## Women's basketball falls to CCRI in semi-finals

Warwick, RI (March 1, 2025) – The fourth seeded Northern Essex Community College women's basketball team saw their campaign come to close on Saturday afternoon at the hands of top seeded and #8 nationally ranked CCRI in the Region 21/East District Semi-Finals by a 94-52 final score. The Knights conclude the season with a 10-12 overall record.

The Knights hung tight in the games opening minutes, but CCRI would quickly pull away and took a 13 point lead at the end of the first quarter and expanded the lead to 23 at the halftime break 46-23.

Mirelys Morales (Dracut) concluded her two seasons in a nights uniform as the games high scorer as she scored 29 points in defeat. She also added nine rebounds and four steals.

Rhaelyn Gutierrez (Methuen) who entered the post-season as the nations second leading scorer was held to 11 points, all of which game in the fourth quarter. Shaneley Henriquez (Haverhill) also added 10 points for the Knights.

For NECC it was their second straight post-season appearance, advancing to the championship game in 2024.

## Knights earn #8 national seed, open tournament play March 12th against #9 Dallas-Richland

Haverhill, MA (March 5, 2025) – The Region 21 and East District champion Northern Essex Community College men's basketball team has been named the eighth seed in the national tournament set to get underway on Wednesday March 12 on the campus of Herkimer College in Herkimer, NY.

The Knights will play an opening round game at 12:00pm on Wednesday March 12th against the ninth seeded and at-large tournament selection Thunderducks with the winner advancing to play top seeded Dutchess Community College on Thursday at 1:00pm.

Making their third consecutive national tournament appearance, the Knights will enter the tournament with a 28-3 overall record following their 83-80 victory over Quincy College on Sunday afternoon. Richland, the Region 5 runner-up enters with a 20-11 record after falling to Dallas Mountain View.

The Knights will head to New York with the third highest (second among tournament teams) scoring offense in the nation at 90.3, while ranking 16th in scoring defense at 70.8 points a game. Richland currently ranks 40th in scoring at 73.9 points

per game while holding the opponent to just 65.2 points per game.

Individually, both teams have three players averaging double digit scoring, NECC is led by Alejandro Delgado (Haverhill) at 15 points per game, followed by Javien Kirmil (Lowell) and Alex Johnson (Worcester) with 11.8 and 10 apiece.

NECC will play an opening round game for the first time in the tournament, having received opening round byes each of the previous two seasons.

The national champion will be crowned on Saturday February 15th.

### NATIONAL TOURNAMENT SEEDING:

1. Dutchess Community College
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3. Minnesota State Community and Technical College
4. Sandhills Community College
5. Herkimer College
6. Union County College
7. Riverland Community College
8. Northern Essex Community College
9. Dallas College Richland
10. Salem Community College
11. Genesee Community College
12. Dallas College Mountain View

## Students to Set off Domino Chain of Collected Cereal Boxes

Whittier Regional Vocational Technical High School's Early College students enrolled in Business 101 classes at Northern Essex Community College will host the first annual Merrimack Valley Cereal Challenge on Friday, March 7, 2025, to celebrate National Cereal Day. This is a collaborative community service project to help the local food pantries that service the 11 sending towns' residents as well as the food pantry at NECC.

Students have flexed their business acumen by soliciting donations for the project. On Friday, they will line up the boxes throughout the halls of Whittier Tech, creating a cascading domino effect. All

boxes will be donated to local food pantries following the project.

When: Friday, March 7, 2025, 9:30 am

Where: Whittier Regional Vocational Technical High School, 115 Amesbury Line Rd, Haverhill, MA 01830

Who: Whittier Tech students enrolled in Early College Business 101 class through NECC

Please contact NECC Professor Trish Tupaj if planning to attend: ptupaj@necc.mass.edu (774) 253-0876.

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# Early College: A Game-Changer for Students and Massachusetts' Future

Gaining college knowledge and real-world experience before stepping on a college campus may sound overwhelming for a sixteen-year-old, but what if I told you it doesn't have to be? As an alumna of the Early College program in Lawrence, I've seen firsthand how challenging the education system can be when students don't have the resources and support. Massachusetts has faced an education crisis for years. Data shows that only 23% of low-income students graduate high school and earn a college degree, highlighting a significant disparity in educational attainment.

Early College is a game changer, and I am living proof of it. As a student who came to the United States midway through high school without speaking the language, I faced an uncertain future. However, thanks to Early College, my life was transformed. It not only helped me increase my college readiness, save money, and maximize time but also gave me the confidence to believe in my potential. Early College programs can change many students' lives, like mine.

Many students lack the resources and support needed to pursue higher education. However, Early College programs are helping to close these education attainment gaps by providing low-income students with resources such as access to college courses, academic support, career guidance, scholarship opportunities, workshops on study skills and time management, with many resources that can help them to shape a bright and successful future.

The expansion of Early College programs is essential to improve college readiness. These programs give high school students the chance to take college-level courses and build the skills needed to succeed in higher education. From my own experience, I gained valuable college skills such as time management, critical thinking, writing, and effective communication with both peers and professors. Due to this experience, I was more prepared for college, making my transition smoother compared to those who didn't participate in the program. Building a strong academic foundation early on can make a big difference in a student's future.

Access to Early College programs should be expanded to offer significant cost savings to students and their families. Enrollment reached 6,300 students in the school year 2022-23, with nearly 35,000 college credits earned and millions saved in tuition and fees. The program allows students like me to earn transferable college

credits at no cost and provides resources to help ensure their success.

By earning college credits while still in high school, students can also reduce the time they spend in college. A majority of Early College participants register for at least one college course per semester, and since the fall of 2022, the credit passing rate has increased from 85% to 88%. The courses I took in Early College matched my career path, allowing me to make great progress before I graduated high school. With a combination of Early College classes, AP courses, and the courses I'm currently taking in my first year at UMass Lowell, by the end of this first semester I will be two years ahead of pace to earn my degree.

As a student who did not know English when I first arrived in Lawrence, I faced a lot of challenges, and along the way, I lost confidence in my abilities. However, the Early College program helped me to build confidence in myself, by showing me that I was capable of succeeding in college both academically and professionally.

Early College programs play a vital role in fostering an equitable and efficient education system. The program provides students with opportunities to enhance college readiness, reduce costs, and make the most of their time. By promoting these programs, we can drive meaningful improvements in our educational system. As an alumna of the Early College program in Lawrence, I have experienced firsthand how this program can transform students' academic journey and future success as mine.

Marianny Diaz Cabrera is an Early College Advocate majoring in Business Administration with a concentration in Marketing, and she is also pursuing a double major in Spanish at the University of Massachusetts Lowell (UMass Lowell). Earned her high school diploma from Lawrence High School, where she received the Seal of Biliteracy certification, and participated in the Early College program in partnership with Merrimack College. Worked as a peer mentor at Lawrence High School, where Marianny supported freshman students to help them adjust to high school more smoothly. Additionally, she worked as a teacher's assistant at the YMCA in Lawrence. Marianny is an autistic student who has successfully overcome language barriers, and she is dedicated to advocating for students who aspire to succeed in their education despite facing various challenges, including language obstacles.



## Happy March, EforAll | Epara Todos Family!

March is a time to honor the resilience, innovation, and leadership of women—past, present, and future.

At EforAll | Epara Todos Merrimack Valley, we are proud to support women entrepreneurs as they break barriers, build businesses, and create lasting impact in our communities.

From our dedicated mentors to our inspiring graduates, we recognize the strength and determination of the women who make a difference every day.

Join us in celebrating their achievements and continuing the movement for equity and opportunity for all!

## ¡Feliz marzo, familia de EforAll | Epara Todos!

Marzo es un momento para honrar la resiliencia, innovación y liderazgo de las mujeres—del pasado, presente y futuro.

En EforAll | Epara Todos Merrimack Valley, estamos orgullosos de apoyar a mujeres emprendedoras mientras rompen barreras, construyen negocios y generan un impacto duradero en nuestras comunidades.

Desde nuestras mentoras hasta nuestras graduadas, reconocemos la fuerza y determinación de las mujeres que marcan la diferencia cada día.

¡Únete a nosotros para celebrar sus logros y seguir impulsando la equidad y las oportunidades para todas!



Exposed Brick Literary Magazine: Celebrating Creativity & Women's Voices

Six years ago, Milly Joseph and Gladys Wangeci Gitau-Damaskos launched Exposed Brick Literary Magazine to create a space where bold stories and art could thrive.

Now, as the magazine continues to evolve, it's celebrating a new milestone: the release of Issue Six and the success of the "Duality" exhibit. Fittingly, this launch took place during Women's History Month, honoring the resilience and creativity of women in the arts.

As a woman-led magazine, Exposed Brick remains committed to amplifying diverse voices and pushing creative boundaries.

The event at Unbound Visual Arts brought together writers, artists, and storytellers for an inspiring Artist Mixer, featuring stunning photography by Jess Wisocky, another Exposed Brick alum, whose work added depth to the "Duality" exhibit. The evening was a true celebration of artistic expression and community.

This isn't just a magazine—it's a movement. Stay tuned for more from Exposed Brick as it continues to uplift the creative community.

Exposed Brick Literary Magazine: Celebrando la Creatividad y las Voces de las Mujeres.

Hace seis años, Milly Joseph y Gladys Wangeci Gitau-Damaskos lanzaron Exposed Brick Literary Magazine con la misión de crear un espacio donde las historias y el arte pudieran florecer.

Ahora, mientras la revista sigue evolucionando, celebran un nuevo hito: el lanzamiento de la Edición Seis y el éxito de la exhibición "Duality". Este lanzamiento tuvo lugar durante el Mes de la Historia de la Mujer, un momento perfecto para honrar la resiliencia y creatividad de las mujeres en el arte. Como una revista liderada por mujeres, Exposed Brick sigue comprometida con amplificar voces diversas y desafiar los límites de la creatividad.

El evento en Unbound Visual Arts reunió a escritores, artistas y narradores en un inspirador Artist Mixer, con una impactante exhibición fotográfica de Jess Wisocky, otra alumna de Exposed Brick, cuya obra aportó profundidad a la exhibición "Duality". La noche fue una verdadera celebración de la expresión artística y la comunidad.

Esto no es solo una revista, es un movimiento. ¡Sigue atento a más de Exposed Brick mientras continúa elevando a la comunidad creativa!

## Fire victims / Víctimas de incendios

When a fire occurs in Lawrence, usually many families are left homeless and in need of everything. Please contact Heal Lawrence if you wish to make a contribution to the victims. The website has a list of items and things that are needed as well as victims' names, ages, sizes, etc. but they suggest giving them gift cards to grocery stores and department stores in any denomination.

\*\*\*\*\*

Cuando un incendio ocurre en Lawrence, por lo regular muchas familias se quedan sin hogar y necesitados de todo. Favor de ponerse en contacto con Heal Lawrence si desea hacer una contribución a las víctimas. El sitio en la internet tiene una lista de artículos que necesitan así como nombres, edades, tallas, etc. de las víctimas pero ellos sugieren que les compren tarjetas de mercados o tiendas por departamentos de cualquier denominación.

<http://heallawrence.org/> [heallawrence@aol.com](mailto:heallawrence@aol.com)  
<https://www.facebook.com/heallawrence.mass>

# La depresión existencial suele afectar a personas con altas capacidades



Por Tomás Núñez, ThD

Son esos perfiles que sufren el peso de las injusticias, que no hallan un sentido a la vida y que sufren el aislamiento por ver y sentir el mundo de un modo diferente al resto.

## La depresión existencial: muy común en personas con alta inteligencia.

¿Qué sentido tiene este mundo? ¿Por qué existen tantas injusticias y desigualdades? Familia, trabajo, amigos... ¿es que no hay nada más en esta vida, algo más trascendente? Este tipo de preguntas son las que van dando forma a lo que se conoce como depresión existencial. Es un tipo de condición que aparece en personas muy reflexivas o caracterizadas, a su vez, por una alta inteligencia.

La depresión tiene muchas formas, la condicionan infinitas variables y cada paciente la experimenta de un modo particular y distintivo. Así, y aunque todos hayamos oído hablar de las crisis existenciales, cabe señalar que esta realidad es algo más compleja. Una crisis puede surgir como efecto de una experiencia adversa, también al entrar en una nueva etapa de nuestro ciclo vital.

Sin embargo, la depresión existencial, descrita por primera vez en los años 50 por el psiquiatra Heinz Häfner nos habla de un tipo de trastorno que, aunque no está descrito en el DSM-V (manual diagnóstico y estadístico de los trastornos mentales), se da con especial frecuencia entre la población con grandes talentos.

Son esas personas que no parecen hallarle un sentido a la vida. Son perfiles que profundizan en exceso en dimensiones como

la muerte, la falta de libertad, las injusticias sociales y ese abismo donde la existencia se torna solitaria y uno se percibe desconectado de todo lo que le envuelve.

En dichos estados, son el propio pensamiento y las ideas obsesivas las que van socavando el equilibrio hasta debilitar el tejido emocional de la persona.

“Eres libre y por eso estas perdido”.

## Depresión existencial: origen y características

Decía Jean Paul-Sartre que las personas no sabemos lo que queremos y aun así somos responsables de lo que somos. La filosofía existencialista es siempre un gran referente para desgranar muchos de esos procesos mentales, reflexiones y madejas personales en las que derivan los pacientes que sufren depresión existencial.

Kazimierz Dabrowski, psiquiatra polaco de principios del siglo XX, fue uno de los referentes que más estudió los problemas a los que solían hacer frente las personas con altas capacidades. Este experto nos habló de lo que se conoce como ‘desintegración positiva’ y que explicaría en cierta forma uno de los orígenes de esta condición.

## El problema de confrontar lo que somos con lo que nos rodea

Kazimierz Dabrowski estableció que las personas podemos pasar por 5 etapas de desarrollo personal. Ahora bien, una buena parte de la población (entre el 60 y 70 % según el propio autor) se queda en la fase inicial; es decir en la etapa de integración primaria. En esta fase las personas se limitan, poco a poco, a ajustarse al ‘molde’ de la propia sociedad. Nos disciplinamos, por así decirlo, e integramos sus fallos, adaptando a todo lo bueno y no tan bueno que nos proporciona nuestro entorno.

Ahora bien, hay personas que quedan atrapadas en el tercer nivel de la teoría de Dabrowski. Es la referente a la desintegración espontánea. Uno percibe grandes discrepancias entre los propios valores y lo que define a la sociedad. La mirada de la persona reflexiva o con altas capacidades siente en exceso el peso de las injusticias, de la falsedad, del materialismo...

Si esas dimensiones impactan de manera profunda en la persona, estará, por tanto, en esa cuarta fase que Dabrowski denominó desintegración multinivel. En ella, el ser humano no halla un significado vital. Poco a poco, se convierte en un mero observador que solo aprecia los fallos, los sinsentidos y un vacío que tarde o temprano

acaba asfixiándolo.

## Hombre que sufre depresión existencial

### Las cuatro dimensiones que describen la depresión existencial

Irvin David Yalom, catedrático de Psiquiatría en la Universidad de Stanford y psicoterapeuta, es otro de los expertos que ha estudiado la depresión existencial. En su libro Psicoterapia existencial nos explica esos cuatro factores que suelen determinar esta realidad:

**Perder a alguien y reflexionar sobre el sentido de la muerte.** Este puede ser sin duda un desencadenante; no obstante, por sí solo no nos sirve para el diagnóstico de la depresión existencial, deben darse el resto de los elementos. No obstante, sufrir una pérdida cercana o no cercana provoca, a menudo, que la persona con alta inteligencia inicie un proceso de duda y reflexión sobre el sentido de la muerte.

**La falta de libertad.** Este es otro elemento de gran trascendencia. Es común que, a menudo, este perfil se pregunte por qué el ser humano no tiene mayor poder creativo, mayor impulso de creación y realización. La propia sociedad actúa siempre como vetadora, como ente controlador que nos corta las alas.

**La falta de sentido.** Esta es una dimensión de la que ya nos habló Viktor Frankl en su libro El hombre en busca de sentido. Si el ser humano no halla un

significado a su vida, aparece el sinsentido, la angustia y la depresión.

**El aislamiento y la soledad.** No sentirse comprendidos, percibir que uno ve el mundo de un modo muy diferente al resto suscita aislamiento y un gran vacío.

## ¿Qué tratamiento hay para la depresión existencial?

La terapia cognitivo-conductual es, sin duda, uno de los mejores enfoques para tratar la depresión existencial. No obstante, es importante no perder de vista la teoría del psiquiatra Kazimierz Dabrowski. La última etapa de su enfoque sobre el desarrollo humano es la integración positiva o secundaria.

Sería por tanto esencial que trabajásemos esa fase que sigue a la etapa de desintegración multinivel. Los aspectos que la integran son los siguientes:

Trabajar nuestra autoconciencia. Clarificar nuestras metas, deseos, necesidades, valores...

Definir y trabajar nuestro sentido de la vida.

Situar un propósito en nuestro horizonte y trabajar con él nos da impulso, nos ayuda a encontrar motivación, aliento e ilusión.

Mujer paseando por un lugar natural con luces afrontando su depresión existencial

Por último, y no menos importante, es recomendable que aprendamos a hacer uso de una adecuada autoeducación emocional.

**RODAJE ADEUDADO HASTA EL 26 DE MARZO DE 2025**

Si su automóvil fue registrado antes del **1 de enero, 2025**, sepa que se le envió por correo una factura de impuestos especiales. No ignore esta facture. Si cree que no la debe, envíenos un correo electrónico a: [collectors@cityoflawrence.com](mailto:collectors@cityoflawrence.com).

Tenga en cuenta que puede ver su factura en línea visitando <https://epay.kelleyryan.com/search> simplemente ingresando su número de licencia y fecha de nacimiento.

**EXCISE TAX DUE MARCH 26, 2025**

If your car was registered as of January 1<sup>st</sup> an excise bill will be mailed to you on or before February 23, 2025.

Please DO NOT disregard a bill. If you think you don't owe it, email us at [collectors@cityoflawrence.com](mailto:collectors@cityoflawrence.com). You can view your bill online by visiting <https://epay.kelleyryan.com/search> and simply entering your license number and date of birth.

**¡La Fundación Big Brother Big Sister necesita tu ayuda!**

Si tienes ropa usada y pequeños artículos del hogar que ya no usas, dónalos para quienes si los necesitan. Llegaremos a tu puerta para recibir lo que puedas entregar.

Para programar una cita, llama al 1.800.483.5503 o visítanos en nuestra página web en internet: [www.bbbsfoundation.org](http://www.bbbsfoundation.org).

Lo que nos entregues ayudará a los niños locales que participan en nuestro programa de tutoría. Debes saber que tu donación es deducible de impuestos.

**¡Gracias por tu apoyo!**



## Men's Volleyball Taken Down by Penn State



2/28/2025 | Men's Volleyball | Box Score

UNIVERSITY PARK, PA- The Merrimack men's volleyball team had their five-game winning streak snapped by the Penn State Nittany Lions on Friday, February 28th despite a valiant effort. It was the two team's first meeting since 2023 when they played each other in the Merrimack men's volleyball team's first ever match.

### Rapid Recap

Score: Merrimack 1, Penn State 3  
Records: Merrimack 5-4, Penn State 5-8

### How it Happened

The first set would start out with the Warriors keeping pace with the Nittany Lions. Nick Tidik and Kasen Owens would get kills early in the frame. Despite the push from Penn State, the Warriors would stay in the game. Kai Vogel and Ephraim Abhulime would provide some insurance with kills of their own. Kai Vogel would continue the offensive pursuit with Kasen Owens to hang with the Nittany Lions. Despite a great effort from the Warriors, they would lose set 1 by a score of 25-19.

The second set would see the Warriors finding an advantage and running with it throughout the first half of the set. Ephraim Abhulime, Kasen Owens, and Logan Whitaker would team up for a big block. Kasen Owens would provide some more firepower with a service ace to make the Warriors go up 7-5. The Warriors would find another lead courtesy of a spike from Kai Vogel. The middle of the set would be a back and forth tilt, with the Warriors trading points with the Nittany Lions. Ephraim Abhulime would have a clutch spike for point 18, and Kasen Owens would have an

electric service ace to put the Warriors up 19-17 and force Penn State to call a timeout. Kai Vogel would energize the blue and gold with a block and a spike to strengthen the Warriors lead. Blake Taschner and Nick Tidik would team up for another clutch block. Kai Vogel and Logan Whitaker would have huge kills at the end of the set to give the Warriors a HUGE SET VICTORY 25-20!!!

The third set would be another back and forth battle. Kai Vogel and Logan Whitaker would have kills. Blake Taschner would have a clutch service ace halfway throughout the set. Dallas Birkenbeuel would get involved by contributing a spike of his own. Despite the Warriors' great effort, they went on to lose set 3 by a score of 25-18.

The fourth set saw both teams trading points again. Nick Tidik would have a string of spikes throughout the frame. Kai Vogel would contribute some more kills and also tacked on a service ace. Kasen Owens would also contribute a handful of kills to give the Warriors some points. He would also team up with Ephraim Abhulime to provide another clutch block in front of the net. Despite the Warrior's big effort tonight, they lost the fourth set 25-16 and lost the match 3-1.

### Notes and Numbers

- Kai Vogel had the most kills with 16
- Blake Taschner had a myriad of assists with 36
- Logan Whitaker had 8 kills and 6 digs
- Kasen Owens had 5 kills and 3 blocks
- Ephraim Abhulime had 5 kills and 3 blocks

## Softball Swept by Brown in Saturday Doubleheader

3/1/2025 | Softball | Box Score

PROVIDENCE, RI- The Merrimack College softball team lost both games to the Brown University Bears in a doubleheader on March 1st.

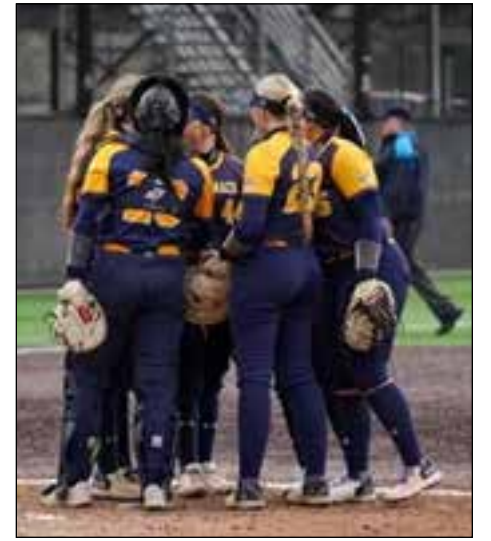
Game 1 Score: Brown 8, Merrimack 3  
Game 2 Score: Brown 6, Merrimack 0  
Records: Brown 6-2, Merrimack 1-5

### Game 1 Recap

Ellen Hubbard would get the blue and gold rolling in the top of the 1st with a double to left field. Thiana Brito would add some offense with a single to left in the 2nd inning. Cecelia Imbimbo would keep the Bears at bay in the circle by striking them out and getting key outs. The first run for the Warriors would come via a home run from Gabby Kaduson in the top of the 4th. The blue and gold would get ducks on the pond in the 5th inning as they got walked twice with Eva Issitt providing a base hit. Alex Miller would get a single in the top of the 7th to try to get some last minute offense going, and it proved to be successful. The bases were loaded for Ellen Hubbard and she came through with a fielder's choice, scoring the Warrior's second run. Emma Prahin would follow up with her own fielder's choice RBI to give the blue and gold run number three. The Warriors made a great offensive pursuit in the last inning, but they ended up losing game 1 by a score of 8-3.

### Game 2 Recap

McKayla Kortess would get the Warriors started in the top of the 1st with a double in the left field gap. Sam Russalesi would also add some offense in the 2nd inning with a single. Ellen Hubbard would get on base in the 4th inning with a base hit to left field. Sam Russalesi would continue her on-base streak as she also reached 1st base on a fielder's choice. Hannah Scarano would continue the Warrior's offensive pursuit in the 5th inning with a single up the middle. Eva Issitt would cause chaos on



the basepaths as she singled to start the 6th inning and then proceeded to steal second. Sam Russalesi would come up again in the 7th inning and get another base hit to string together another late push. The Warrior's out-hit the Bears, but ended up losing game 2 by a score of 6-0.

### Notes and Numbers for Game 1

- Gabby Kaduson hit a home run
- Ellen Hubbard was 1-3 with an RBI
- Emma Prahin was 1-4 with an RBI
- Alex Miller was 1-3 and got the offensive going in the top of the 7th

### Notes and Numbers for Game 2

- Sam Russalesi went 2-3
- Eva Issitt was 1-3
- Hannah Scarano was 1-3
- Ellen Hubbard was 1-3

### Up Next

The Warriors hit the road when they head out to Columbus, Ohio next weekend to take part in the Ohio State Tournament. For continuing coverage of Merrimack Athletics and Merrimack softball, visit [merrimackathletics.com](http://merrimackathletics.com). Follow Merrimack softball on Instagram and Twitter @merrimacksb

“El talento gana partidos, pero el trabajo en equipo y la inteligencia ganan campeonatos.”

"Talent wins games, but teamwork and intelligence win championships."

– Michael Jordan



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# CLASIFICADOS | CLASSIFIEDS

## LEGAL NOTICE

### NOTICE OF PUBLIC SALE

Notice is hereby given by Stuart's Automotive, Inc. 97 Tanner Street, Lowell, MA, pursuant to the provisions of Mass G.L c. 255, Section 39A, that they will sell or junk the following vehicle on or after March 15, 2025 starting at 10:00 am by private or public sale to satisfy their garage keepers lien for towing, storage, and notices of sale:

1. 2011 Chevrolet Aveo VIN KL1TD6DE5BB188121

Vehicle is being stored at Stuart's Automotive and may be viewed by appointment only.

Signed  
Kevin Stuart  
Stuart's Automotive  
2/22, 3/1, 3/8

## LEGAL NOTICE

### NOTICE OF PUBLIC SALE

Notice is hereby given by Duff's Garage, Inc., 92 Kendall Road, Tyngsboro, MA, pursuant to the provisions of MA G.L c. 255, Section 39A, that they will sell or junk the following vehicles on or after March 30, 2025 beginning at 10:00 am by public or private sale to satisfy their garage keepers lien for towing, storage, and notices of sale. Vehicles are being stored at Duff's Garage, Inc.

1. 2004 Jeep Grand Cherokee VIN 1J4GW48S54C237897
2. 2013 GMC Terrain VIN 2GKFLVEK5D6368331

Signed  
Glen R. Allgrove  
Owner  
3/8, 3/15, 3/22

## LEGAL NOTICE

### NOTICE OF PUBLIC SALE

Notice is hereby given by Coady's Towing Service 139 Marston Street, Lawrence, MA, pursuant to the provisions of Mass G.L c. 255, Section 39A, that they will sell or junk the following vehicles on or after March 29, 2025 starting at 10:00 am by private or public sale to satisfy their garage keepers lien for towing, storage, and notices of sale:

1. 2012 Ford Focus VIN 1FAHP3K22CL317687
2. 2015 Acura TLX VIN 19UUB1F3XFA027357
3. 2014 BMW X1 VIN WBAVL1C55EVY22620
4. 2020 Silverline Trailer VIN 58SGF4028RE038405

Vehicles are being stored at Coady's Towing Service and may be viewed by appointment only.

Signed  
Frank Coady  
Coady's Towing Service  
3/8, 3/15, 3/22

## LEGAL NOTICE

### Ruiz et al. V. NEI General Contracting, Inc. Et al. Notificación de acuerdo de demanda colectiva

Si usted trabajó en el proyecto de construcción Mary D. Stone en Auburn, Massachusetts para Delta Drywall y/o NEI General Contracting en un equipo bajo el capataz Lukasz Zajkowski entre el 21 de junio y el 20 de agosto de 2021, es posible que pueda recibir dinero de un reciente acuerdo de demanda colectiva. Para obtener más información, visite <https://optimeadminforms.com/nei-general-contracting-settlement/> o llame al (844) 625-7313.

### Notice of Class Action Settlement

If you worked on the Mary D. Stone construction project in Auburn, Massachusetts for Delta Drywall and/or NEI General Contracting on a crew under foreman Lukasz Zajkowski between June 21 and August 20, 2021, you may be able to receive money from a recent class-action settlement. For more information please visit <https://optimeadminforms.com/nei-general-contracting-settlement/> or call (844) 625-7313.  
3/8, 3/15

Civil Action File Number P2024-4841

### Office of the Clerk of the Family Court NOTICE OF DIVORCE PROCEEDINGS

March 8, 2025

WHEREAS, **JENNIFER BATISTA**, of **PROVIDENCE, RHODE ISLAND**, in the County of **PROVIDENCE**, has filed a Complaint in said office demanding a divorce from **JOSE DIAZ NUNEZ** of LAWRENCE, MASSACHUSETTS in the county of ESSEX, PURSUANT TO R.I.G.L. 5-16.1, AND ALL OTHER RELIEF AS THIS COURT MAY DEEM JUST.

Now, therefore you the said DEFENDANT are hereby summoned to answer, if you shall see fit, before the Family Court, to be held at **1 DORRANCE STREET, PROVIDENCE, RI 02903**, within the County of **PROVIDENCE, MAY 5, 2025, 45 DAYS FROM THE FIRST DAY OF ADVERTISEMENT**, then and there to answer said complaint. FAILURE TO APPEAR WILL RESULT IN DEFAULT AND DEFENDANT WILL BE DENIED ALIMONY.

## The Merrimack Valley Immigrant & Education Center

The former Asian Center at 439 South Union St., building 2, Level B, Lawrence, MA 01843 is enrolling students for an intensive ESOL (English for Speakers of Other Languages) classes.

The classes will meet on Tuesdays and Thursdays either from 9 AM to 11:30 AM or 6 M to 8:30 PM.

Class fee is \$50. Call 978-683-7316 for more information.

## Community Inclusion Summit

WEDNESDAY, MARCH 12TH FROM 9:30AM-2PM

UMass Lowell Coburn Hall  
850 Broadway St., Lowell, MA

### Community Organizations

Participants will learn **concrete strategies and techniques** for **supporting inclusion** within their own programs, and have opportunities to **connect with like-minded organizations**, representing recreational, cultural, enrichment, faith-based, or any community organization/business seeking to create a culture of inclusion.

Here's just some of what participants will take from this 4.5-hour summit

- Learn about the **principles of disability inclusion** that community-based programs should embrace and implement.
- Learn proper terminology, **empowering language** and suggested **disability etiquette** and interactions.
- Learn how to **connect people** with and without disabilities in **friendship** in your programs.
- Leave with **action points to implement** back to your organization immediately!
- **Connect and exchange ideas** with like-minded community organizations.

**COST IS ONLY \$25 - THIS INCLUDES LUNCH**

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Register Here  
<https://bit.ly/LowellSummit>

REQUESTS FOR ACCOMMODATIONS CAN BE MADE TO: [RHAYHARD@IARCMASS.ORG](mailto:RHAYHARD@IARCMASS.ORG)  
\*PLEASE NOTE: REQUESTS FOR ASL OR LANGUAGE INTERPRETERS OR CART SERVICE MUST BE SUBMITTED BY 2/24/25\*



## MassDOT 3rd Annual Work Zone Safety

# DIGITAL BILLBOARD DESIGN CONTEST

FOR ALL MASS COLLEGE STUDENTS

**SUBMISSION DEADLINE:**  
**APRIL 11TH, 2025**

- 1st place: \$1,000 & 3-months billboard display
- 2nd place: \$600 & 2-months billboard display
- 3rd place: \$400 & 1-month billboard display



For contest details, visit  
[mass.gov/work-zone-billboard-contest-2025](https://mass.gov/work-zone-billboard-contest-2025)



# City Clerk Announces Haverhill 2025 "Top Dog" Contest Winners

City Clerk, Kaitlin Wright, is pleased to announce the winners of the 4th Annual "Haverhill Top Dog" contest. The contest encourages residents to license their dogs by offering them a friendly competition. The winners were randomly chosen Monday at the City Clerk's Office.



1st Place was awarded to "Ollie," a one-year-old male Chorkie. He is owned by Cynthia Morgan. Ollie is now proudly displaying dog license #1 and the first-place trophy.



Finally, 3rd Place was awarded to "Pearl," an eight-year-old female Pug. Her owner is Hannah Jelly. Pearl was awarded dog license #3.



2nd Place was awarded to "Silas," a two-year-old female Chihuahua mix. Her owner is Robin Doyle. Silas was awarded dog license #2.

City Clerk, Kaitlin Wright commented "A huge thank you to everyone who entered the contest and congratulations to the winners. This year, we saw our highest turnout of contestants with 73 total entries! We have enjoyed seeing the photos of your furry friends and are excited to post the photos in our office and on our website to showcase the winners. Be on the lookout for our contest next year!"

Dogs must be licensed before May 31st or will incur a late fee. New dogs may be licensed at any time. Licensing can be completed in person at the Clerk's Office located at City Hall, Room 118, 4 Summer Street, online at <https://haverhillma.portal.opengov.com/categories/1074/record-types/6355>, or by mail. A copy of a valid rabies certificate is required for licensing.

You may contact the office at (978) 374-2312 for more information.

**READ PREVIOUS EDITIONS OF RUMBO ON OUR WEBSITE [RUMBONEWS.COM](http://RUMBONEWS.COM)**



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Essex County Habitat for Humanity ha construido más de 100 viviendas asequibles para familias en Lawrence y Merrimack Valley. ¡Habitat ReStore ayuda a financiarlos!



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Horas: martes - sábado, 10am-5pm

# Lappin Foundation Enhancing Jewish Identity Across Generations Jewish Women's History Month

In celebration of Jewish Women's History Month, Lappin Foundation, JCCNS, and NSJCC invite the community to **Ballots, Babies, and Banners of Peace**, featuring Dr. Melissa R. Klapper, Professor of History and Director of Women's & Gender Studies at Rowan University. The program will highlight the untold story of American Jewish Women's Pre-World War II activism and the long history of American Jewish women's involvement in making change in the world around them. The program will take place on Wednesday, March 5, 2025, 7:30 p.m. ET on Zoom. The program is free, and everyone is welcome. Please register at [LappinFoundation.org](http://LappinFoundation.org). For more information contact Sharon Wyner at 978-565-4450 or email [swyner@lappinfoundation.org](mailto:swyner@lappinfoundation.org).

## Albert Einstein: The Father of Israel's Academic Excellence

Lappin Foundation and the Consulate General of Israel to New England invite the community to a presentation by Ido Aharoni Aronoff about Albert Einstein's connection with Zionism and his invaluable contribution to Israel's academic prowess. The program will take place on Thursday, March 20, 2025, 7:30 p.m. ET on Zoom. Thanks to a grant from the Dr. David M. Milch Foundation, the program is free, and everyone is welcome. Please register at [LappinFoundation.org](http://LappinFoundation.org). For more information, please contact Sharon Wyner at 978-565-4450 or email [swyner@lappinfoundation.org](mailto:swyner@lappinfoundation.org).

